

Capital City Fly Fishers



10th Anniversary Newsletter

Piscator non solum piscatur



March 2014

From The Prez

On March First I went to Bennett Springs for the opening day of Trout Season. When the whistle was blown [by club member Milton Barr] the weather was great, thirty degrees and no wind. As the whistle was blowing rods were bending and it seemed like everyone had a fish. I did not fish; I call this a spectator sport and a day for socializing. With the prediction of such bad weather the number of people fishing on opening was down big time. By Wednesday a friend of mine fished and his tag number was only 2195. They had estimated to sell 3000 tags on opening day. Tuesday's meeting is one you don't want to miss. Chris Gates will be giving a program on the North fork of The White river. I was Lucky enough to go with Chris a few years back on this river and what a great time I had, Chris knows the river like the back of his hand. See Ya Tuesday night.

John Walther

March Meeting

The next meeting will be held at the First Baptist Church of Jefferson City at 301 Capitol Ave. on March 11. There will be a Board of Directors meeting at 6:00pm and the Membership meeting will begin at 7:00pm.

Jim Macy is doing a great job of getting programs that are of interest to the club members. Chris is another one. I have fished

with him on the White in Arkansas and I have fished the North fork of the White in Missouri so I am looking forward to see how he fishes it. The stream is very beautiful and has some very nice fish in it.

Fly Tying Class

We have only two more weeks of Winter Fly Tying. By the end of this session, it should be time to try out some of the new patterns that we have learned this year.

We will meet at Hy-Vee next Thursday, Mar. 13 at 4:30pm and 6:00pm as scheduled. We will try 1/4" foam popping bug. On Mar. 20 we will pick up the Cicada that we missed due to the weather. John is going to be down at the Sow Bug Roundup on the 22nd so you will have to put up with me.

We all want to thank John Walther for the Program that he has put on this winter. John announced at our meeting last week that he was looking for someone to volunteer to run the Winter Tying Program next year. If you would like to help with it **Please let John know.** Remember that the Capital City Fly Fishers got started by a group of folks sitting around tying flies, telling fish stories and it has been successful ever since.

Stream Team 25th

This year the Missouri Stream Teams will celebrate their 25th Anniversary. The CCFF is

also Stream Team 760. [Why should that interest you?](#)

- 1) There are 110,000 miles of streams in the state of Missouri and the goal of the Missouri Stream Team organization is to inform and educate citizens about the conditions of our streams.
- 2) Also establish a monitoring network.
- 3) Also provide volunteers to help maintain the quality of the waters of the Missouri streams.

There is a 6 hour Introductory Level Water Quality Monitoring Workshop scheduled for Jefferson City on Saturday, April 26, 2014. A part of this course is the study of the entomology of insects that are found in the streams and how they can be used to determine the quality of the water. These are the critters that we try to replicate with our flies. It is a very interesting 8 hours spent looking at the invertebrates.

Mc Kay Winter Stocking Program

The ice comes and goes. It is very thin now. The fly of the day is green Power Bait. Don't ask me how to ty it.

If you get the chance to fish Mexico, Columbia, Sedalia or McKay you will find it is worth your time (after the ICE). They have all been stocked with winter trout.

Capital City Fly Fishers Banquet

The date of the Banquet will be March 29, 2014. The price of the tickets will be \$20 /person or \$150 for a table of 8. Tickets for youth between the age of 5 and 11 years are \$10 each. The location is at the Rienhardt Circle (formerly Donita's) 5007 Buffalo Rd. Jefferson City, MO. Social hour will begin at 5:30pm and dinner will begin at 6:30pm.

There will be a silent auction, bucket raffles and a live auction. Tickets can be obtained from any Board Member or call Bill Stroessner at Home 635-9815, cell 645-5638.

If you have something to donate to the Banquet please contact John Wenzlick @ 821-6813. We would like to get those items to John before the 29th so that we can organize them by 4:00pm on that date.

So far we have a pontoon boat, a body pack, several boxes of flies, several rods, a massage, oil changes and other items for the various prizes. WE CAN ALWAYS USE MORE.

Ragtag Fly Fishing Tour Films

The Fly Fishing Film Tour will again be at the Ragtag Theatre on March 15. The cost is \$15/ticket. The Theater will open at 12:30 pm and the films will start at 1:00pm. Jeff Trigg has tickets. He can be reached at 257-1478. He will have tickets at the March Meeting.

Sow bug Roundup

The 17th annual Sow bug Roundup begins March 21 and runs till March 23rd in Mountain Home Arkansas. This is a fly tying event that will feature over 100 tiers from all over the country. Some of the quests will be folks like Steve Dally, Davy Wooten, Dave Whitlock, Fish Fullum and Mike George. There will also be vendors as well. The show runs from 9:00am to 4:00pm and the cost is \$5 for all three days.

You will see some of the best tiers in the country tying warm water and cold water as well as saltwater flies. There are also some great speakers for seminars. Check out the Sow bug website for more details.

Runge Nature Center Trip to Bennett

Teen Club: Fly Fishing Expedition
March 25 • Tuesday • 8 AM–5 PM
Registration required (ages 12-18)
[The Capitol City Fly Fishermen will be our Teachers on this fishing expedition.](#) We will travel to Bennett Spring State Park and spend the day learning a new way to fish or practicing skills you already know. If you have flies you have tied, bring them and

try them out. If not, some will be provided. We will also provide fly rods, but you are welcome to bring your own. Please pack a lunch, bring water, and dress for the weather – you never know! Transportation will be provided. A permission form needs to be completed prior to leaving.

We will discuss the CCFF plans at the March meeting on the 11th. We asked earlier for volunteers and the offer is still open.

Calendar

March

6---Teach a Vet to Ty 3:00pm at the Truman VA Hospital Rm. C202

6--- Winter Fly Tying Class I will be from 4:30 to 6:00pm Class II will run from 6:30 to 8:00 pm at Second Floor of HYVEE

11---March CCFF Meeting Rm. 101 at the First Baptist Church. BOD meeting @6:00pm Membership meeting @ 7:00pm

13--- Winter Fly Tying Class I will be from 4:30 to 6:00pm Class II will run from 6:30 to 8:00 pm at Second Floor of HYVEE

15---Fly Fishing Film Tour Ragtag theater doors open at 12:30pm

20---Teach a Vet to Ty 3:00pm at the Truman VA Hospital Rm. C202

20--- Winter Fly Tying Class I will be from 4:30 to 6:00pm Class II will run from 6:30 to 8:00 pm at Second Floor of HYVEE

21-23Sowbug Roundup Baxter County Fairgrounds, Mountain Home AR. 9:00am to 4:00pm daily

29---CCFF Annual Banquet Reinhardt Circle (formerly Donita's) 5007 Buffalo Rd. Social Hr. 5:30pm, Dinner 6:30pm

April

3-- Teach a Vet to Ty 3:00pm at the Truman VA Hospital Rm. C202

8--April CCFF Meeting Rm. 101 at the First Baptist Church. BOD meeting @6:00pm Membership meeting @ 7:00pm

17- Teach a Vet to Ty 3:00pm at the Truman VA Hospital Rm. C202

Monthly Fly Pattern



Sow bug

John has sent me another website for a sow bug that really looks good. Check out www.flytying123.com/rainbow sow bug

Material:

Hook: Any scud hook (Tiemco 2488, Daiichi 1150, Dai-Riki 135)

Thread: Red 8/0

Rib: Small gold wire

Center Strip: Black Flashabou

Dubbing: Rainbow Sow-Scud

Preferred Sizes: 14-16

Hook: Dry fly hook size 6

Weighted wire: Same diameter as hook

Tying Instructions:

1. Crimp the barb of the hook and place it in the vise.
2. Wrap the shank of the hook with weighted wire.
3. Start your thread at the eye of the hook and wrap to the rear of the shank.
4. Use pliers to flatten the weighted wire to give a flat wider body shape.
5. Ty in the ribbing and the center strip.
6. Generously dub the body ending just behind the eye.
7. Fold the center strip over the back and secure at the eye.
8. Rib the body with the wire and secure at the eye.
9. Create a head and whip finish.
10. Cement the head.

11. With a Velcro brush, brush out legs to the side.
12. Trim the excess dubbing on the side to create a smooth group of legs on each side.

I have even tied this pattern as small as an 18 and caught fish on it. Gray, olive, and pink are some other colors for dubbing and you can create a set of tails and antennas with the tying thread if you so desire.

Check out these websites:

[Freestateflyfishers.org/flies/flypatterns](http://freestateflyfishers.org/flies/flypatterns)

www.thetyingbench.com

<http://www.flyflinger.com/midge.php>

www.askaboutflyfishers.com

www.flyandguides.com

www.flytying123.com