

# Capital City Fly Fishers



## 10th Anniversary Newsletter

*Piscator non solum piscatur*



May 2012

### *From Our Prez*



***Kent with one of the Reel Recovery Participants at Rockbridge***

Hi All

– I'm filling in for Kent this month as he has been riding a whirlwind the last 3 weeks or so (out to Bozeman, Montana for the SIMMS Ice Out to Rockbridge, MO for Reel Recovery to Branson for guiding and Kansas City this Saturday for an Open House at K&K). Here are the events that are happening this month that I'd like to touch upon:

**Fly Fishing A-Z classes:** We had a wonderful turnout for our first class on April 19. The class is full with 20 participants. We have a mixed group, including one entire family of 4, husbands and wives taking the class together, father/daughter or grandfather/granddaughter combos, and lots of ladies participating. Actually, the majority of our class consists of women! I think kudos go to Jim Washabaugh for arranging this class and to Mark Van Patton who gave a great beginning class on fly fishing equipment. Our participants were very interested in the subject and just a great group.

I'm looking forward to the upcoming classes; with the next one centered around knot tying. We're also planning a trip to Montauk in September to finish off the lessons.

**SIMMS Ice Out:** This appears to have been a great event (that unfortunately I had to cancel out of). Ask Kent to fill you in. He had a chance to visit with Dave and Emily Whitlock, John Gierach, Bobby White, several of the Winston folks, several of the SIMMS folks and many others. Plus he might be able to give you some updates on new products.

**Reel Recovery:** This event happened last week (Apr. 23-25) and I understand they had a wonderful 3 days of fishing. Kent says there were 11 participants and that Rockbridge did their usual excellent job of hosting and stocking fish. By the look of the picture I supplied with this note – the participants caught fish! I am so proud of our club for electing to sponsor one individual for this event. It is truly a worthwhile event and is very appreciated by the people who are selected to participate.

**Pizza and a Fish:** Be sure not to forget our upcoming club meeting at Phillips Lake next week. Kent and I have already been out testing the water – pretty good so far for bluegill and sunfish. They also have some good bass in the lake, from what I hear. If you have a boat, kayak, canoe or other small watercraft, you are allowed to use them on the lake. The club will provide the pizza and soda.

**Fly Fishing Film Tour:** Be sure not to forget this event on May 19. I've attended one of those events in the past and they are a lot of fun; will make you want to grab your waders and a rod – guaranteed! Jeff Trigg has done a lot of the leg-work in getting us the films and place to show

them, so if you don't have your ticket yet – be sure to get it before they're sold out!

**Stream Team Monitoring:** The club scheduled a monitoring event for last week, but Mother Nature didn't cooperate with us and filled up the Saline so that we couldn't get the monitoring done. We will plan on rescheduling. I want to encourage everyone to come out to help us. There is a lot of work that goes into monitoring the water, the bug count and cleaning up the stream and we just have a few people who are dedicated to coming out each time. We could really use some more help. If you haven't participated, it's a good way to learn about what it takes to keep a stream healthy and also to learn how to identify the different bugs that fish love to eat. The team also stops off for dinner at the local golf club on the way home.

Well, that's about all I can think of to report on this month. Hope to see you all at Phillips Lake on Tuesday!

Thanks,  
Ginger

## **Monthly Free Will Fly Tying**

A group of 8 CCFF Members met at HYVEE last Thursday for a fly tying session. We made plans to do this every month on the third Thursday evening at 5:30 in the Banquet Room. Everyone interested in fly tying is invited.

The format will be as follows: if you have a technique that you want demonstrated, contact John Walther and he will attempt to find someone familiar with the technique to demonstrate it at the next meeting.

Other than that, these sessions will be "free will tying." (Everyone brings their own materials and ties whatever pattern he feels like doing that night) If you have any questions, contact John Walther @ 6802286.

If anyone needs to borrow CCFF tying tools, please notify John ahead of time.

Thank Tom Crane for obtaining a location for these sessions.

## **Calendar**

### **May**

**3--- Teach a Vet to Ty** 3:00pm at the Truman VA Hospital Rm. C202

**8---CCFF Meeting** 6:30pm at Phillips Lake in Columbia Car Pool will leave the Parks and Rec Parking Lot in North Jeff City at 6:00 pm

**17--- Teach a Vet to Ty** 3:00pm at the Truman VA Hospital Rm. C202

**17---Beginning Fly Fishing from A-Z** Runge Nature Center 5:30-8:00pm

**17---Free Will Fly Tying** Banquet Room of HY VEE 5:30-7:30

**19---Film Tour at Rag Tag Theater in Columbia** Doors open at 12:00 noon.

### **June**

**7--- Teach a Vet to Ty** 3:00pm at the Truman VA Hospital Rm. C202

**12---CCFF Meeting at Lakewood Subdivision Lake** 6:30 pm

**21--- Teach a Vet to Ty** 3:00pm at the Truman VA Hospital Rm. C202

**21---Free Will Fly Tying** Banquet Room of HY VEE 5:30-7:30

**21---Beginning Fly Fishing from A-Z** Runge Nature Center 5:30-8:00pm

## **Monthly Fly Pattern**



### **Double-Bead Stone**

I was reading an article out of the Winter 2011 Fly Tyer magazine where I came across this pattern for winter fishing on the Yellowstone River in Montana. It looked like something that might work on the North Fork of the White River. The

article describes this fly as the go-to fly of Steve Wilson who guides out of the Sweetwater Fly Shop in Livingston, Montana. As the article says, this fly should get down quick and deep.

**Recipe:**

**Hook:** Dai-Riki or equivalent 10-6

**Beads:** Two appropriate size for hook

**Thread:** Uni thread 8/0 black

**Tail:** Brown goose biots

**Rib:** Small brown V-Rib

**Abdomen:** Brown hare's-ear dubbing

**Legs:** Brown goose biots

**Wing Case:** Turkey tail coated with epoxy

**Instructions**

1. Crimp the barb.
2. Place the beads on the hook and place it in the vise.
3. Start the thread at the front of the hook and wrap to the curve of the hook.
4. Secure and splay the tail biots to the hook.
5. Place 1dubbed turns on the hook and secure the V-Rib.
6. Continue to dub the body forward until you are at the rear of the beads. *Do not press the beads against the eye of the hook. There should be a little play between the beads or you will end up crowding the eye of the hook.*
7. Rib the body and secure the rib.
8. Trim off excess ribbing.
9. Secure in a small bundle of turkey fibers for the wing case.
10. Wrap in a leg on each side of the body and cover joint with dubbing.
11. Whip finish behind the bead.
12. Restart the thread between the two beads and secure the wing case.
13. Add another set of legs and dub this joint before whip finishing the joint.
14. Restart the thread in front of the front bead and behind the hook eye.
15. Secure the wing case and add the final set of legs.
16. Whip finish the knot and apply a drop of epoxy to the wing case.

The article recommends tying this fly in brown, black, olive or dirty yellow. I have

seen some big stones in most of these colors down on the North Fork

Check out the website:

[www.flatshuntercharters.com](http://www.flatshuntercharters.com)