



July 2008

CCFF's New Mascot



Stonefly or DobsonFly?

Please meet the new mascot. Kent Campbell found this thing down on the North Fork of the White River last weekend. It was over 2.5" long and as you can see was equipped with a set of pinchers that brought blood to Kent's finger when he clamped down. We thought he was a large stonefly but the pinchers gave him away as a male adult dobsonfly/hellgrammite.

John Walther is going to try up a copy of this monster a club mascot as soon as he finds a hook large enough.

From Our Prez

This month, I'd like to talk about something that should be on all of our minds when we go out on the water – safety. Although I wouldn't consider myself an expert on safety, I've done my share of stupid things that afterward thought to myself, "That was really stupid! I'm lucky nothing bad happened!" So, I thought I'd share some safety tips I've learned, figured out, and picked up over the years.

First, don't over pack and don't under pack. Organization is the key here. You don't want to find yourself without something you need, but you also don't want to have to carry the kitchen sink either. One thing you won't want to leave at home? Clothes, right John? You'll even want a spare set if you fall in.

Second, make sure you pack a first aid kit. I'm not talking about a big pack that you really don't have room for and don't know what most of the stuff is for. I'm talking about the things that you're most likely to need – band aids, some Neosporin, and maybe some cleaning wipes. You might even pack a handkerchief for those bleeding times that you need to cover and leave the water to go get stitches.

Third, use barbless hooks. It's not only easier to unhook the fish, it's also easier to unhook the top of your head, ear, hand, or wherever you hook yourself. And yes I've been there, done that, and have the scar to prove it.

Fourth, wear glasses or sunglasses, a hat, and sunscreen. Flies move really fast and sunburns really hurt. In addition, pack a small amount of aloe vera gel for those areas you forgot to put sunscreen on.

Fifth, drink water. Dehydration is an easy way to ruin a beautiful day. If you're in a boat, those hydration packs are really nice.

Sixth, have and wear pfd's when appropriate. If you're on water that is a little rough, deep, or unpredictable, wear a life jacket.

Last, use the buddy system. That way if anything happens, you'll have somebody with you to help, or just to verify your big fish story.

Safety is something we should all keep in mind when we are out on the water so we have lots more days on the water in the future.

Jim Farthing

July 8 Club Meeting Moved to Dan Bernskoetter's Ranch

Due to pavement reconstruction at the Runge Nature Center for the next couple of weeks, we have had to move our July meeting out to the Bernskoetter Ranch. Dan has graciously invited us to come see how the fish run in his pond. We will meet at 6:30 pm.

Lets make it a one fly night.

RULES:

- 1. You may only use one pattern of your selection for the evening.**
- 2. It must be on a barbless hook or a hook that you have crimped the hook.**
- 3. You may keep all of the chiggers and ticks that you want but all fish and other animals must be left behind.**

Have fun and remember to thank Dan for his hospitality. He might invite you back again.

Directions to Dans:

Dan lives 6 miles from Southwest Blvd/Ellis Blvd. on Route C headed toward Russleville. He lives at 5228 Route C which is about 1 mile west of Quail Valley/S. Country Club. The house is on the right. Take the first driveway (concrete one) before the mail box and come all the way past the house through the gate and there is plenty of parking in the field near the lake around the barn.

Upcoming Events

July 16 Teach a Vet to Ty at Little Dixie

The CCFF will be going to meet with the Vets at Little Dixie for an afternoon of fishing starting about 2:30 in the afternoon. We have moved the event to Wednesday because of the outing and it is more convenient for the Vets on Wednesday.

The Vets will be bringing some baitcasting rods and tackle. The CCFF will be taking flycasting equipment along. *If you would like to help, please contact Jerry Kemple @ 690-5922.* We will probably be car pooling.

July 17 MR 340 Checkpoint

The MR340 race from Kansas City to St Charles by kayak/canoe will start on July 15 and end on July 19. The CCFF will be responsible to man the Checkpoint #6 at the Noren Access from 12:00pm until 11:00 pm on July 17, 2008. The duties include registering the boater as they come through and providing them with cold water. You will meet people from many states as well as possibly other countries who are participants. This is a very exciting event on the river.

There was a very good article in the June Issue of the Missouri Conservationist about the race and some of the participants.

It would be nice if we could have about (6) two person crews to represent the club and greet the racers with ice cold water.

There will be racers coming through from about Wednesday Morning at 7:00 am until the checkpoint closes on Friday Morning at 5:00am.

We are only responsible for Thursday afternoon. *If you can help, please call Jerry Kemple at 690-5922.*

July 23 Stream Team Water Quality Monitoring of the Saline Creek

Rains and danger of high water have prevented us from doing much on the Saline Creek so far this year. We are going to try it again on the evening of July 23, 2008. We will leave the First Assembly of God parking lot on Route C at 5:30 pm. Bring boots or you can wet wade. We will pick up trash

as well as do water quality monitoring of the stream. You can come and count the little things that grow on the bottom of the stream. We will eat on the way home.

News from Past Events

Report from the North Fork

I believe that everyone who went down to the North Fork will agree that we had some very fine accommodations for our trip at Chester Doughty's (Cabin). The food was excellent and the fellowship was great. Then came the weather. It was better than in Branson but just by inches. The fishing was god on Friday afternoon but everyone was waiting for Saturday Morning and the rains came. On some streams a little rain is not so bad but not on the North Fork. Stained water make wading a little treacherous so we enjoyed the fellowship and tales. Sunday morning after a very good meal and a nights sleep, we came back to Montauk for some park fishing. We may plan another trip down in the future. It is such a beautiful place.

Upcoming Meetings

July 2008

- **3 Teach a Vet to Ty** 3pm @ Columbia Veterans Hospital (Conference Room C201)
- **8 Club Meeting** @ Dan Bernskoetter's Ranch @ 6:30pm.
- **16 Teach a Vet to Ty** 2:30pm @ Little Dixie Conservation Area in Millersburg
- **17 MR340 Race** CCF members will man the check in point from 12:00noon until 11:00pm
- **23 Cleanup and Water Quality Monitoring of the Saline Creek.** Will leave the P Lot of the First Assembly of God on C Highway @ 5:30pm

August 2008

- **7 Teach a Vet to Ty** 3pm @ Columbia Veterans Hospital (Conference Room C201)
- **8 Club Meeting** Runge Nature Center BOD Meeting @ 6:00pm Regular Meeting @ 7:00pm
- **20 Teach a Vet to Ty** 2:30pm @ Little Dixie Conservation Area in Millersburg

Fly of the Month



Cicada Fly 2004

By Gerri Seager, Maryland

John Walther came away from a visit to his Shoulder Doctor with a request for a fly that the Dr. could use for trout back East. It seems that this is the year for the 17, 14, or 7 year cicadas back there and the good Dr. was going back for a vacation.

I went to one of my favorite websites to see if I could find him a pattern. The website is FAOL which stands for Fly Anglers On Line. It is full of information and really stays current, Sure enough there was a pattern from Gerri Seager from Maryland.

John tied up a few of the flies for the good Dr. and we are waiting to hear how he made out. See what you think of the pattern.

Material

Hook: Mustad 7958 or TMC 5262 size 6 or 4
Thread: UTC-70-Dark Brown/Uni-thread -3/0 orange

Eyes: Orvis Rattle Eyes

Legs: Black round rubber and orange round rubber

Butt: Orange yarn

Body: Craft foam black or brown

Ribbing: Larva Lace Midge ribbing black

1st Underwing: Black or brown craft foam

2nd Underwing: fluorescent orange bucktail mounted to flair to sides

3rd Underwing: Golden brown deer body hair

4th Underwing: White River Midge flash-rootbeer

Overwing and Head: Dark brown or black craft foam

Tying Instructions

- Step 1 Place hook in vise after crimping the barb.
- Step 2 Tie in orange thread about 1/3 back on shank from the hook eye.
- Step 3 Tie in eyes using figure 8 wraps and place a drop of glue or cement. Coat with Sally Hansen Hard as Nails.
- Step 4 Wrap the thread back to the curve of the hook and wrap in the Larva Lace rib and the orange yarn.
- Step 5 Wrap the thread, then the yarn and then the ribbing to the midpoint of the shank and tie off all. Remove excess yarn and ribbing.
- Step 6 Make two sets of legs by tying a black leg with an orange leg with two knots so that one knot will appear on each side of the body.
- Step 7 Lay the legs on top of the hook evenly space from the mid point of the hook to the bead eye and wrap them in using the orange thread. Whip finish the orange thread and start with brown or black thread in front of the bead eye.
- Step 8 Lay the first underwing on top of the fly and secure in front of the bead eye and behind it with the underwing extending beyond the curve of the hook.
- Step 9 Turn the hook over and tie in a 2 inch length of foam behind the bead eye to form the body and overwing later.
- Step 10 Turn hook back over and tie in a small bundle of orange bucktail on top of the

first underwing starting behind the hook eye and folding the hair over the bead eye to give body to the head.

- Step 11 Tie in a bunch of brown deer body hair on top of the second underwing starting just behind the bead eye.
- Step 12 Tie in a similar stack of the root beer midge flash on top of the deer body hair.
- Step 13 Pull overwing foam up over the hook eye and make opening for the hook eye. Ty the overwing down behind the bead eye, whip finish and cement.

Did I miss any steps, John? There are a lot of steps.

Go to FAOL and check out the step by step in the Fly Archive.

CCFF Address and Web Site...

Address

Capital City Fly Fishers
P O Box 105151
Jefferson City MO 65110-5151

Website Check out the new e-mail address

Web Site www.capitalcityflyfishers.org
Email info@capitalcityflyfishers.org