

Capital City Fly Fishers



10th Anniversary Newsletter

Piscator non solum piscatur



August 2005

Boy Scout Jamboree



Jon Lyman of Juneau Alaska is teaching a Boy Scout to tie a spun deer hair mouse

I have traveled 1,000 miles to fish before but this is the first time that I have traveled that far to teach fly tying. I spent three days in July at Fort A. P. Hill teaching fly tying at the Boy Scout Jamboree after driving three days to get there. There were 40,000 Scouts there for the ten day Jamboree from all over the globe.

On the second day I taught two Scouts from Saudi and one from Hong Kong to tie wooly buggers. We were set up in a trailer but had to move out under a shade tree because it was too hot in the trailer without the air conditioners. We did not get electricity until late Wednesday. It went from 103 F on Wednesday to 86 F on Thursday.

Most of the fly fishing instructors were FFF members. Jon Lyman came down from Juneau, Bill Kalbas came up from Jacksonville, FL, Ted Rogowski came down from the Catskills, Bob Sousa came down from Boston and we had several locals from the Falmouth Flats Fly Fishers. We tried to keep 20 vases full from 9:00am to 5:00pm each day. There were also 20 casting lanes on Fish Hook Lake.

The Fish and Wildlife Department had 20,000 lbs of catfish stocked in the 10 acre Fish Hook Lake for this event. The Scouts could catch the fish and take them to a cleaning station, get them cleaned and cooked. Everywhere you looked, there were Scouts walking around with plates of fried catfish.

It was a hot tiring experience but I want to be there in 2010 when they have the 100th Anniversary of Boy Scouting. It may happen since the Senate voted to allow it in spite of the efforts of the ACLU to prevent.

Jerry W. Kemple

From the President...

Being good stewards is the responsibility of each inhabitant on this planet. The resources we have are renewable or recyclable, but exhaustible. Knowing the difference and how to best use each type is your responsibility. How you or I treat our homeland and its water resources does matter. A few strive to care for and about these natural resources. Those numbers are around 57,000 and growing in number through efforts by concerned professionals, teachers, individuals and citizen groups. Recently I attended a two-day workshop sponsored by the Stream Team Academy called "Understanding Streams," led by Ange Corson, John Fantz, and Sherry Fischer.



Fountains flowing with fresh water at the Highway Gardens at the Missouri State Fair grounds in Sedalia.

Stream management and watershed concepts were high on the agenda. A refreshing emphasis was presented on the holistic approach to keep in mind. Think of your watersheds in terms of being a part of a larger, integrated water system and not individual sites. Learn to take into account anything that occurs downstream and upstream. We can not assume that any action taken concerning our streams will not affect either upstream or downstream. Often some have the misconception that our land/water problem and a narrow-sighted solution are

the only thing important in resolving the issue. What we either do not know or have forgotten is that our actions have consequences. Changes made to streams not only affect those in the immediate vicinity but those in either direction, upstream and downstream. The choices that we make and things we do to our streams will affect our neighbors in both directions. This was clearly pointed out in this workshop.



Ange Corson shows the effects of stream modification by using a portable stream table, an effective tool for demonstration of the workshop's theories.

The streams we use and often misuse are living wonders. They have the ability to return to a natural state regardless of what man's intentions are. If a person deepens or gouges a channel by removing gravel for their personal use, the stream will in time level itself out. But in the process, it may create head cuts to erode the bed upstream in doing so to achieve its natural profile. A channel made to straighten a stretch of stream will return over time to its preferred meandering migration. Man is often arrogant in thinking that he can tame the river or streams around him. This is not necessarily so. Man thinks in terms of time. Rivers and streams change in terms of flood events.

One important point to consider among many is that what we do or say can make a difference in maintaining the quality of our resources. If you will recall, when the gravel mining issue arose in the past legislative session, pleas for help went out. A few were able to testify before legislative committees to backup the information presented in spoken word by our state's scientific professionals. Together the expert's opinion and informed speech by citizens makes a difference. Gravel mining became a legislative issue in part as a method to skirt around regulations being developed by state agencies and their professional staff. A private citizen can only effectively

counteract this type of biased action if they are either educated about or have experienced the effects of actions taken by others. The Stream Team Academy and their workshops empower the citizens with the capability to know good stream management theory and techniques. Therefore it goes to point out that what we say and do can have an impact on pending



Best management practices leave an undisturbed buffer along the stream and floodplain bank. This gravel mining site failed to leave a protective buffer and dug below the normal water flow line which will have long-lasting effects. . Photo courtesy of Missouri Department of Conservation - Stream Team Academy.

legislation. For those who aided in presenting the facts as they should be presented, I applaud your efforts. Because of you, reason and sound judgment prevailed. Let me also be diligent in proclaiming that gravel mining does have its place and should be encouraged within the proper constraints of the best management practices developed by our state's professionals. There are ample opportunities to mine gravel using sound methods by working with local officials and state professionals.



This example of an urban concrete channel prevents re-infiltration of runoff water into the local ground water table. Photo courtesy of Missouri Department of Conservation - Stream Team Academy.

An area of emphasis in the workshop brought to mind something that does affect each one of us. Urban stream management and how mankind has come to deal with water issues, some poorly and others effectively. Have you ever considered the effects of the paved roads, parking areas and driveways that are around you? A sudden summer shower landing on these impervious surfaces transforms into higher water temperatures as the water runs across the pavement and flows downstream. It is much like adding water heated up in a tea kettle on the stovetop to a basin of cool/warm water; we all know that the immediate effect – higher water temperatures. Can you imagine a stream’s temperature rising an additional 20-90 degrees? What are the effects of this on the aquatic life present? It could be devastating. Urban planning should include green space and areas for natural infiltration such as catch basins to allow the hot waters to dissipate and become filtered by nature’s processes.



Low-water bridges built to higher profiles will allow water energy to scour the downstream stream bed and thus create a life-threatening hazard during high water events. . Photo courtesy of Missouri Department of Conservation - Stream Team Academy.

Man needs to remember that the forces of nature are demanding. A best practice for low-water bridges is to maintain a low profile when planning a crossing through a stream bed. This prevents the water from obtaining higher energy, depositing sediment upstream, and scouring holes below the crossing. Aquatic migration is disrupted when the scouring leaves uneven water levels on the downstream and upstream sides. This type of poor construction practice makes it impossible for aquatic life to cross through to the other side of the structure.

There are many things you and I can do to be better stewards of our resources. Hopefully, you will take some time and think about them. Even better, take some action that improves our resources. Together, our own efforts can help us become a better educated citizen and benefactor to the next generation.

I hope that each of you found time to pursue some aspect of fly fishing this past month. Whether it was attending or teaching

class, out on the waters fishing or home tying flies – our efforts do not go unrewarded. The actions you take can either make a difference to yourself and/or others.



Land use near streams does affect the stability of the watershed system. This longhorn cow grazes in open pasture. A planned riparian corridor along streams can better protect the stream.

Remember to not be afraid to let your line or your efforts go into the backing.

Larry Murphy, President

Stream Team News

A leadership opportunity is available with Stream Team 760 – Capital City Fly Fishers. I would like to thank Bob Smerek for the tremendous effort that he has contributed in leading the team. If you get the chance, take a moment and thank him as well. Often where you find Bob, you will find his wife, Mary Ann, working along side when it comes to Stream Team activities. Bob has announced that he would like to step down from the leadership role because of health reasons. We accept his decision and wish him the best in taking care of his own physical needs. We are looking for someone to step forward and fulfill the role of Stream Team leader. If you want to know more of what is involved in this position, then talk with Bob or me to get more information. Contact any of the board members if you want the opportunity to lead Stream Team 760.

Our stream team will be making its quarterly outing to Big Saline Creek at Saline Valley Wildlife Area on Thursday, August 11. If you would like to see what Stream Team is all about or already know and want to participate, then plan to meet at Schulte’s IGA in time to depart at 5:30 p.m. Volunteers will gather at the low water crossing’s nearby parking area. Our plan is to monitor the water quality including invertebrate count and chemical analysis (provided chemical-trained members are present.) In addition, a thorough scan of the area will gather all trash and debris found. Following the work sessions, we will enjoy some grilled brats, chips and refreshments. The weather is projected to be in low to upper 90s, so dress accordingly.

Club Calendar

August 2005

- 09 -- **Club Mtg** 7pm @ Runge Nature Center. Fishing on Lake Creek in Alaska for trout and salmon presented by Ed Farnsworth. His trip in August 2004 involved floating and camping on Lake Creek for six days and five nights.
- 11 -- **Missouri Stream Team 760 Outing**, Saline Valley WA on Big Saline Creek, 5:30 p.m. at Schulte's IGA parking lot. Brats, chips and soda provided.
- 20 -- **Huntsdale River Cleanup 2005** – The town of Huntsdale invites you to its annual river, trail and road cleanup. The event is scheduled to begin 9:00 a.m. on Saturday, August 20. Directions: From Columbia, take I-70 to the Midway exit (121). Turn left over I-70 and right onto Route UU. Go 6 miles to the Route UU and State Road O intersection. Turn left onto St Rd O and follow that for 2 miles. For further information, contact Ana Lopez, ana@tranquility.net, or call (573) 443-1426.
- 27-28 -- **Huntsdale Rendezvous & River Festival** will be held on Saturday, August 27, 9 a.m. – 7 p.m. and Sunday, August 28, 10 a.m. to 3 p.m. Pablo, Native American flutist, will perform Saturday from 11-11:30 a.m. Sheryl Clapton will perform from Noon to 1 p.m. Sat. & Sun. Dianne Moran as Sacagawea, Bird Woman will perform Sat. 1-2 p.m. Buzz Keiper will perform Sat. 3 – 4 p.m. Dennis Stroughmatt: Folklorist, Missouri Creole songs, will perform Sun. 11 a.m. to Noon. Bait Shop Boys – Live on Sunday, 1-2 p.m. For further info, see www.huntsdalemo.com.

September 2005

- 9, 10 & 11 -- **Club Quarterly Outing** at Montauk State Park
- 9-11 – **Ozark Stream Team Conference**, Hammond Mill Camp at Dora, Missouri. (For more information, contact Bob Schulz, Missouri Department of Conservation, PO Box 180, Jefferson City MO 65102-0180.) The Scenic Rivers Stream Team Association is hosting the Ozark Stream Team Conference. The rustic camp is in Mark Twain National Forest close to the North Fork of the White River on Route CC in Ozark County. The conference will bring together Teams throughout the Ozarks (and elsewhere) to network, discuss issues, and enjoy a stimulating weekend in the Ozarks woods and on the North Fork. There will be a nominal fee for registration (less than \$10) to cover some costs, and lodging will be available for \$8.00 per night (\$4 for children under 19, or in school). There is camping nearby, as well. The final agenda will be available August 15.
- 13 - **Club Mtg** 7pm @ Runge Nature Center
- 16-18 -- **Conservation Federation of Missouri Fall Conference**, Camp Cloverpoint, Osage Beach - Fly Fishing Clinic, 9:00 -11:30 a.m. Fly casting and fishing

instruction. Larry Murphy and one additional instructor (volunteer needed).

- 16-18 -- "**Becoming an Outdoors-Woman**", YMCA of the Ozarks, Potosi MO. Fly tying and casting instruction classes. Ginger Koziatek, Kent Campbell and Jerry Kemple, Instructors.
- 24-25 – **Fall Fly Flingers Gathering**, for those who love fly fishing. Intersection of US 160 and MO 19 in Alton, MO. Brian Sloss and Ryan Griffin would like to invite all fly fishers to come to the Eleven Point River and enjoy free BBQ on Saturday night. Reservations required, call (417) 778-6497. More information available at www.11pointcanoe.com. Camping is free at their facility or they can direct you to the USFS campgrounds by the river. There are reasonably priced cottage rentals available in Alton and surrounding area for those who want a little more modern convenience. 15% of canoe rentals and a Temple Fork rod/reel raffle proceeds go toward Trout Unlimited.

October 2005

- 06-09 -- **Mountain Home Conclave**, Southern Council of Federation of Fly Fishers, Mountain Home, Arkansas
- 11 -- **Club Mtg** 7pm @ Runge Nature Center, Mark Van Patten, Fly Fishing the Missouri River (In Missouri!)

November 2005

- 08 -- **Club Mtg** 7pm @ Runge Nature Center, Stream Team Academy presentation (tentative).
- 4-6 -- **Club Quarterly Outing** - White River, Mountain Home, AR

December 2005

- 13 -- **Club Mtg** 7pm @ Runge Nature Center; No Speaker; Gift Exchange

Matched fly rod/reel for sale!

Jim Kramel has a Cabela fly rod and reel that would like to sell. The fly rod is a Fish Gage 9' Graphite PT105 with progressive taper, moderate action, 5wt. 2-piece, uplocking reel seat and cloth sock. The fly reel is a Cabela HP-2 loaded with WF-5-F line and protective carrying case. Also included is a Cordura covered tube case. This is a real bargain for only \$200. Jim can be reached at (573) 635-1921.

Treasurer's Report: \$7,361.76

CCFF Address and Web Site...

Address

Capital City Fly Fishers
P O Box 105151
Jefferson City MO 65110-5151

Web Site

www.capitalcityflyfishers.org