

# Capital City Fly Fishers



## 10th Anniversary Newsletter

*Piscator non solum piscatur*



August 2007

### From our Club Activities

#### **CCFF members man Checkpoint #6 of the MR340 Race**

July 25-26 Many of the CCFF members volunteered to monitor and provide cold water for the racers of the kayak/canoe race from Kansas City to St Charles Missouri. About 92 individuals paddled the 340 miles from KC to St Charles.

The tandem crew of West Hansen and Richard Steppe made it in 44.27 hours. The Men's Solo winner was Dave Anderson with a time of 46.21 hours and the Women's Solo winner was Erin Magee with a time of 55.33 hours. Many of the racers were from other states or countries. One man was from Poland and a tandem kayak was from Canada.

A 70 year old couple from San Francisco, California were not able to finish the race because they went under a fuel barge, that was coming upstream as they were going downstream, about 1:00 am in the morning near Gasconade, MO. They lost their kayak but were pulled to safety from the river by the barge crew without injury.

Unlike Lewis and Clark, I don't think that any of the racers stopped very long to fish during their trip. A few even stopped long enough to sleep.

The Race Organizers have rendered their thanks to the CCFF for furnishing volunteers to man the Checkpoint and represent Jefferson City. They are looking forward to doing this again next year.

When you shop, remember the local vendors who supported the Checkpoint. Jefferson City Parks

and Recreation supplied a trailer to work out of. Wal-Mart furnished the bottled water and Coca-Cola Bottling furnished the ice for the participants. If you have an evening when you would like to watch the River run by, go to the Noren Access and sit in the neat rock garden that is part of the Park there. Joe Wilson has put in a lot of hard work and Jefferson City Parks and Recreation really has something to be proud of. Many of the racer's support team had time to spend at the Access and Park while waiting for their racer. They all commented about how nice the place was and how Jefferson Citians should be proud of it.

#### **August Meeting**

The August CCFF meeting will be held back at the Runge Nature Center on August 14 at 7:00 pm. There will be a BOD meeting at 6:00 pm.

The speaker for the August meeting will be Ken Morrow, the recently named local coordinator for the Project Healing Waters Program. Ken is the representative for the Missouri, Arkansas and Oklahoma district of the country.

The PHW program is a FFF supported program which was developed at Walter Reed Medical Center to provide therapy for veterans through the sport of fly fishing and fly tying. The program is expanding in scope and it is spreading to military facilities and veterans hospitals throughout the country.

#### **Other August Upcoming Events**

**On August 15** The Norfolk National Fish Hatchery is celebrating it's 50 Anniversary. The Friends of the Norfolk National Fish Hatchery are looking for some volunteers to help with the celebration. If you are interested, you can contact

Pat Smith at [cpsmh@southshore.cc](mailto:cpsmh@southshore.cc). Pat would like replies by August 12.

## 2007 FFF Southern Council Conclave

October 4,5& 6 “Come one, come all.” There will be over 60 different workshops and seminars along with vendors and some of the best fly tyers in the World at the Federation of Fly Fishers Southern Conclave in Mountain Home, Arkansas during these three days.

There will be fun, frolics and fishing for all members of the family. “And all of this for just one thin dime.” Well maybe just a little more but not much.

For more details and registration, go to [www.southerncouncilfff.org/conclave](http://www.southerncouncilfff.org/conclave).

## Upcoming Calendar.

### August 2007

- **2 Teach a Vet to Ty** 3pm @Columbia Veterans Hospital (Conference Room C201)
- **3-4 Rod Building Class** -The Rod Building Class has been postponed until a later date.
- **14 Club Meeting** @The Runge Nature Center @7p.m. Guest speaker will be
- **16 Teach a Vet to Ty** 3pm @ Columbia Veterans Hospital (Conference Room C201)
- **23 Ozark Fly Fishers** – Queeny Park- Guest speakers Larry Murphy and John Walther, discuss the Southern council and its conclave.

### September 2007

- **6 Teach a Vet to Ty** 3pm @ Columbia Veterans Hospital (Conference Room C201)
- **11 Club Meeting** @Runge Nature Center @ 7:00 p.m.
- **14, 15 &16 Club Outing** Montauk State Park

- **20 Teach a Vet to Ty** 3pm @ Columbia Veterans Hospital (Conference Room C201)

### October 2007

- **4 Teach a Vet to Ty** 3pm @ Columbia Veterans Hospital (Conference Room C201)
- **4, 5, &6 Southern Council of the Federation of Fly Fishers Conclave** held in Mountain Home, AR. There are over 60 sessions at the Conclave. Many of them are free.
- **9 Club Meeting** @Runge Nature Center @ 7:00 p.m.
- **18 Teach a Vet to Ty** 3pm @ Columbia Veterans Hospital (Conference Room C201)

### November 2007

- **1 Teach a Vet to Ty** 3pm @ Columbia Veterans Hospital (Conference Room C201)
- **13 Club Meeting** @Runge Nature Center @ 7:00 p.m.
- **15 Teach a Vet to Ty** 3pm @ Columbia Veterans Hospital (Conference Room C201)

### December 2007

- **1 Teach a Vet to Ty** 3pm @ Columbia Veterans Hospital (Conference Room C201)
- **11 Club Meeting** @Runge Nature Center @ 7:00 p.m.
- **15 Teach a Vet to Ty** 3pm @ Columbia Veterans Hospital (Conference Room C201)

## Fly of the Month

### The Renegade

#### Materials:

**Hook:** Mustad 94840 size 10-16.

**Thread:** olive 14/0.

**Hackle:** rear brown cape, front white neck

**Body:** peacock herl

**Tag:** flat gold tensil

# Instructions

- Step 1 Crimp down the barb of the hook. It is not needed and will only cause problems if it gets stuck in you or a friend.
- Step 2 Place hook in vise and wrap thread to curve of the hook.
- Step 3 Ty in gold tensil and wrap 2 turns of it.
- Step 4 Ty off tensil and ty in the brown hackle feather and the peacock body herl.
- Step 5 Wrap the thread and peacock 1/3 of the way up the hook. Secure the peacock and wrap the brown hackle over the peacock to the 1/3 point and secure the hackle. Trim off the excess hackle
- Step 6 Wrap the peacock and thread to the 2/3 point of the hook and ty in the white hackle.
- Step 7 Wrap the peacock and thread to within 1 hook eye of the hook eye. Secure the peacock and trim excess peacock.
- Step 8 Wrap the white hackle over the body to head of the fly and secure the hackle. Trim the excess hackle and whip finish a head.

This is an old and reliable fly. I have seen results from it last week in size 16 at Bennette Springs. I also had good results last month at Taneycomo tyed in size 10. It just depends on what is hatching.

## Treasurer's Report:

CCFF Address and Web Site...

### Address

Capital City Fly Fishers  
P O Box 105151  
Jefferson City MO 65110-5151

### Check out the new e-mail address

Web Site [www.capitalcityflyfishers.org](http://www.capitalcityflyfishers.org)  
Email [info@capitalcityflyfishers.org](mailto:info@capitalcityflyfishers.org)