

Capital City Fly Fishers



10th Anniversary Newsletter

Piscator non solum piscatur



August 2008

From Our Prez

As I get ready for school to start, I am thinking about the things I'll teach my students this year and that always brings my mind to the teaching and sharing that goes on in the fly fishing community. We all tend to share with others the activities we understand and enjoy participating in. We share our favorite places to fish, our favorite fly patterns, and fishing techniques. In doing so, we make new friends, build stronger bonds with existing friends, and pass on knowledge to future generations.

This fall, the Southern Council will have its annual conclave. This happens the first weekend in October. Those who have attended in previous years know what a gold mine of information and entertainment this can be. Those who haven't attended before should really look into it. At the conclave, there are fly tiers that demonstrate one-on-one their patterns and techniques. It's an opportunity to really learn from people who know what they're doing, or at least talk a good game. Either way it's a real hoot and I recommend the experience to anyone. For more information on the conclave, go to the Southern Council website.

Have a great month and we'll see you at the meeting.

Jim

From Our VP

The International Women's Fly Fishing organization is hosting its annual festival in Branson, MO from October 16-19, 2008/ Carolyn Parker from River Run Outfitters is chairing the committee and sponsoring. The event will be at Pointe Royale. Registration forms are due back by September 5, 2008. The details and registration fee information are available at: <http://www.intlwomenflyfishers.org>.

From Our Editor

As Jim has mentioned, we all have a lot to teach others about fishing. Sometimes it is more basic than fly fishing. As a granddad, I had this privilege last week. I spent last week in Omaha with my Grandkids. I had the enjoyment of taking the younger two to swimming lessons each morning and working with all three in the afternoon.

Maddi is 12, Nolan is 8 and Paige is 5. They live in a subdivision that is located around a 50 acre lake. I had asked several of the folks in the neighborhood if it was stocked and no one knew. So Tuesday when we got out of swimming, my Daughter asked if we might want to find out if there were fish in the lake. She suggested that we start by weeding the flower beds and get worms out of the mulch while we were at it. (I guess that she thought that I fell off of the watermelon truck on the way up there, but the kids jumped in and collected 2 water bottles of worms while we were weeding.)

Now it was time to go fishing. And we did. We took our worms to the lake and before I could get the other two rods rigged, the 5 year old had 3 bluegill. That day Nolan had 18 fish, Maddi had 6

and Paige had 6. Papa only had 5 but he had baited a lot of hooks. This became a daily routine for the next three day with similar numbers every day. The kids learned a lot and I feel confident that even the 5 year old can bait a hook and take her own fish off of the hook without fear.

The only problem that we had during the three days was that Papa forgot to tell Paige to leave her rod when she went to take Nolan the bait bottle. Papa was baiting her hook at the time and as the slack went out of the line and the hook sank into Papa's finger, the scream was one of pain and not one of anger but it took a while to make poor Paige understand. I did start out with barbless hooks and was I ever glad.

I wouldn't give anything for the enjoyment of seeing these three kids grow and experience what it can be like to catch fish. All three have tied flies and our next goal to teach them to cast a fly rod. For now, I have left them with the knowledge of collecting bait, rigging their rod, casting the rod, catching the fish and removing the fish from the line. *And they can do this with confidence.*



Meet the Hebners

Maddi, Paige, their fish and Nolan

Weeding Flowerbed: Work
Finding Worms: Rewarding
Going Fishing: Pleasurable
Catching Fish: Amazing
Education For Papa and Paige: Painful
Time Spent Together: PRICELESS

Obit

I learned last Saturday, while in a meeting with some of the fellows from the Ozark Fly Fishers, that Ed Story of Feathercraft died last Sunday evening. They told me that there had not been a formal announcement as of yet. It seems that Ed had been fishing, came home, sat down and passed.

Keep the family in your thoughts.
Ed is probably setting up there tying Cracklebacks.

News from Past Events.

July 17 MR 340 Checkpoint

The MR340 race from Kansas City to St Charles by kayak/canoe was a very successful event again this year. 150 parties left Kansas City and 116 of them made it to the Noren Access in Jefferson City.

I had the privilege of taking the last party through Jeff, which consisted of a young father from Joplin and his 14 year old son, to get a snack and a hamburger before they went on their way. It didn't matter to them that they were bringing up the rear but only that they were doing it together and that they were going to finish it together. **NEAT!**

July 23 Stream Team Water Quality Monitoring of the Saline Creek

Saline Creek is still there but it has seen some changes this year. When we started our monitoring back several years ago, there was a large downed tree below the riffle where we did the aquatic insect count. This tree created a deep hole in front of it.

The tree is no longer there and the hole is part of a large gravel bar. The banks have not changed much but the stream bottom has seen some major changes. I would want to be on high ground when this stream floods. I can now see how dangerous Saline could be during a flood.

The stream continues to be pretty healthy and there is a lot of critters in it. This includes some holes that should hold some good fish.

Give it a try and report back.

Upcoming Meetings

August 2008

- **12 Club Meeting** Runge Nature Center BOD Meeting @ 6:00pm Regular Meeting @ 7:00pm
- **14 Teach a Vet to Ty** 3pm @ Columbia Veterans Hospital (Conference Room C201) Postponed from August 7
- **21 Teach a Vet to Ty** 3pm @ Columbia Veterans Hospital (Conference Room C201)

September 2008

- **4 Teach a Vet to Ty** 3pm @ Columbia Veterans Hospital (Conference Room C201)
- **9 Club Meeting** Destination to be reported later. See September news letter or Website.
- **18 Teach a Vet to Ty** 3pm @ Columbia Veterans Hospital (Conference Room C201)
- **19, 20, & 21 Club Outing** Bennett Springs (Details will be in next newsletter or at the September Meeting)

From the Casting Instructors **CASTING CORNER Gary Eaton & Jeff Trigg, Certified Casting Instructors**

Q. I have trouble with wind from any direction. What are the basic things I can do to overcome wind?

A. Fishing on the saltwater flats, mountain streams, or Ozark ponds, wind is a constant. Momentum is preserved better with heavier line weights. Changing the trajectory so that the loop unrolls close above the surface will

reduce the amount of time wind can affect the delivery. Tighter loops with higher line speed also resist the wind better than wider & slower loop presentations. Generally, wind may camouflage your approach so shorter casts and shorter, stiffer leaders may ease your fishing into wind. I instruct specific techniques for wind situations in my classes. Practicing in the wind before you go fishing is the best preparation.

I commonly use a 7-weight outfit even for streams where I will seldom cast beyond fifty feet. Many people will carry a two-weight to five-weight for these same areas. When the wind comes-up, I am still in the game when the light, soft rods are frustrated. When the wind exceeds 25 miles per hour, I try not to cast very much! GE

Q. Come on Gary! Why would anybody use a 7-weight in the Ozarks?

A. There is the wind - How often have you fished when there was absolutely no wind? The same skills applied to overcome wind are employed to straighten a long leader or cast a longer distance. A 7-weight with a strong tippet allows me to release fish with better chance of survival. Scientific studies of coldwater fish (trout & salmon) demonstrate that a fish fought longer survives less often.

A fish played to submission builds-up lactic acid that it has a hard time eliminating. An exhausted fish may swim away and die within a few hours due to the accumulation of cellular waste chemicals. Stronger tippet is probably the single biggest factor in shortening the fight. A shorter fight reduces exhaustion factors and likely reduces death rates of released fish.

Ferguson & Tufts also studied salmonid mortality in relation to time out of the water. 70 percent of fish played to submission to the

net will die later if they are held out of the water for 60 seconds! The mortality rate approaches 40 percent when the gills are exposed to air for as little as 30 seconds!

When fishing the tailwaters, fish more than 20 pounds are possible. The world record Brown Trout came from Arkansas' Little Red River in 1992; I am confident that my 7-weight will control such a fish better than a lighter rod.

My 7-weight is lighter than my older five weights and delivers a nice loop. Physics make it likely one can deliver a longer leader more efficiently with heavier line, too. I find the 7-weight, generally, easier to cast with the proper line. GE

Fly of the Month



BUB Fly (Big Ugly Black Fly)

Mark Van Patten had this fly on his show recently. Chuck Tryon gave the patten to Mark. Chuck says that this fly is a very good pattern to represent stone fly down on the North Fork of the White River in south Missouri.

Material

Hook: Mustad 9674 Size 8

Tail and Antenna: Round rubber

Thread: Black size 6/0

Body: Black chenille or vernille

Hackle: Black saddle feather

Weight: 0.20 Leadfree wire

Tying Instructions

- 1 Crimp the barb on the hook and place it in the vise.
- 2 Start wrapping the thread at the eye and wrap to the curve of the hook.
- 3 Wrap 10 to 12 turns of leadfree wire on the front end of the hook.
- 4 Secure the wire by wrapping it with the thread and making ramps on each end of the wire.
- 5 Lay the round rubber on top of the hook with 2pieces extending over the rear of the hook making the tail and then sticking over the eye to make the antennas.
- 6 Tie in the hackle feather and then the body chenille.
- 7 Wrap the chenille up to the eye of the hook. Secure and remove tag.
- 8 Wrap the feather up to the eye and whip finish
- 9 Cement the head and spread the antenna and tail rubber. (See picture)

Fish this fly by drifting or tight lining in runs. It can be fished under an indicator.

The Pond Shop

Mark van Patten has asked that I tell CCFF about a boat that he has for sale. It is a 20' Bass Pro Aluminum Jon with a 25 HP Mercury motor, bow mounted trolling motor, 2 gas tanks, 2 batteries and a Hummingbird fish finder. It is a 1993 model. Mark is asking \$2900, but he can be haggled.

Home

CCFF Website: www.capitalcityflyfishers.org