

Capital City Fly Fishers



10th Anniversary Newsletter

Piscator non solum piscatur



September 2013

Upcoming Events

August Meeting

The next meeting will be held at the First Baptist Church of Jefferson City at 301 Capitol Ave. on September 10th. A Board of Directors meeting will be held at 6:00pm with a Membership meeting to follow at 7:00pm.

This month we will have Larry Murphy who is the VP of Communications for the Southern Council of the Federation of Fly Fishers. Larry will be speaking about the Federation of Fly Fishers and about the upcoming Southern Council Fair. I have just gone through the list of speakers and programs that they are having this year and it is going to be very interesting. Larry is one of the Past Presidents of the CCFF.

Don't forget to bring your flies for the Fly Raffle and your 2014 dues. Bill Stroessner will be collecting dues for the 2014 year which begins on September 1. The dues are still \$15 for the family membership. [What a bargain!](#)

Teaching a Vet to Ty

The class will move back to Truman VA Hospital on September 5. We will continue to teach fly tying to the Vets on the first and third Thursday afternoons of each month at Truman.

During the August 15 trip to Little Dixie we worked with a young ex Marine who lost both of his feet and both of his hands to an IED in Afghanistan. He was equipped with attachments so that he could walk and he was able to fish with a spinning rod. He had the best attitude. As we talked, he told us that there were others who much worse off than he was. I know that he was right but we all came away from him amazed with his attitude. May God continue to bless this young Man.

Beginning Fly Tying Class

Beginning September 12 and continuing on Sept. 26, Oct. 10 & 24, the CCFF will be providing a "Beginning Fly Tying Class" in cooperation with the Jefferson City Parks and Recreation Department. We will hold the class in the North Jefferson City Multipurpose Building. The class will run from 6:00pm to 8:00pm each of the evenings. The cost of the class will be \$20 which will provide for the materials and any excess will go toward the McKay Winter Trout Stocking Program.

Registration for the class will be with Parks and Rec. and will begin on September 1. The size of the class will be limited to the first 10 people who sign up.

Reeling & Healing Midwest

A fly fishing wellness retreat for surviving for women diagnosed with or surviving cancer will be held from September 27th thru

September 29th at the Rockbridge Trout Ranch. This retreat is open to any women, 18 years or older who is battling or surviving any type of cancer and has not attended any of the previous retreats.

The retreat provides riverside lodging , all meals, snacks, beverages, equipment, instruction and more. Cost is \$25 registration fee. Scholarships are available. I understand that they still have a few openings.

For more details call 616-855-4017, e-mail info@FishOn.org, or call Ginger Koziatek at 573-303-1460.

Project Healing Waters Event at Reed's Cabins at Montauk

On September 13th & 14th Veterans from MO, AR, TN, KS, and KS will travel to Reed's Cabins to participate in Project Healing Waters. The public is invited. Proceeds will go toward Project Healing Waters.

There will be fly tying demos, casting demos, the Park will have a special stocking for the event, 2+2 Fly tournament with great prizes along with many auction items. Mark Van Patten will be tying flies. There will be music on Saturday night.

There will be meals at Reed's on Friday night, Saturday Morning and evening and Sunday morning. For more details call (573) 548-2222 or e-mail darrell@reedstrout.com.

FFF Southern Council Fair

The annual FFF Southern Council Fly Fishing will be held in Mountain Home, AR on Oct. 3-5.

Jay "Fishy" Fullum will be the Banquet speaker on Saturday night. Fishy has written several articles for the Fly Tyer Magazine and has also authored a couple of other books.

As usual, the Southern Council is expecting to have several of the country's top tyers, and speakers as well casting lessons, and contests. Check it out @ www.southerncouncilfff.org.

Ringo's Wellness Class

Beginning September 23, CCFF Members will meet with Linda Ringo's Wellness Class at Binder Park at 8:00am for casting and tying. We will be meeting them each morning of that week.

Linda usually has between 15 and 20 students in the class and they are gone by 9:30 each morning. We split up the class and teach casting to ½ while the others are learning to ty.

Help is always welcome. Call me @690-5922 or just show up. You might even get a bag of popcorn for breakfast.

CCFF Trip to the White

The CCFF will take an outing to Mountain Home, AR for the weekend of Oct. 25-27. The event is open to the first 12 members to contact me and get their name on the list. We will again stay at Copper Johns. We will stay Friday and Saturday night. Friday night dinner is on you. (We generally go get pizza) The group will eat breakfast, lunch and dinner on Saturday and breakfast and lunch on Sunday together. The cost of food and room will be in the neighborhood of \$125. You can contact me @ 573-690-5922. We will probably car-pool down.

We generally fish the area from the State Park down to Copper Johns. You can get your license online or at C Js.

Event Reports

Runge Conservation Kids Club

On Tuesday, August 20th Runge Volunteers and eight CCFF Members provided fly tying,

casting instruction and entomology education for about 30 kids for the Fly Fishing Extravaganza. The group was made up of kids were 1st thru 6th graders.

John Walther, Bob Rickard, Lee Kudrna, Dan Bernskoetter, and Tom Crane taught the kids about fly tying. John Wenzlick illustrated the various insects that are found in Missouri streams. Jim Wasabaugh and I gave simple casting instructions. We also had some very good help from Runge MDC volunteers. We were all very busy to get the 30 kids through the 1-1/2 hr program.

We did such a good job that we have been invited back to provide fly tying instructions on December 27th to teenagers. We will again need some help.

Calendar

September

5--- Teach a Vet to Ty 3:00pm at the Truman VA Hospital Rm. C202

10--CCFF Meeting @ First Baptist Church J.C. BOD meeting 6:00pm Membership @7:00pm

12—Beginning Fly Tying 6:00pm Multipurpose Bldg. North JC

13-15 Project Healing Waters

Reed's Cabins at Montauk Trout Park

19--- Teach a Vet to Ty 3:00pm at the Truman VA Hospital Rm. C202

23—27 Ringo's Wellness Class 8:00 am Binder Park tackle shop

26—Beginning Fly Tying 6:00pm Multipurpose Bldg. North JC

27—29 Reeling and Healing Retreat Rockbridge Trout Ranch

October

3--- Teach a Vet to Ty 3:00pm at the Truman VA Hospital Rm. C202

8--- CCFF Meeting @ First Baptist Church J.C. BOD meeting 6:00pm Membership @7:00pm

10—Beginning Fly Tying 6:00pm Multipurpose Bldg. North JC

17--- Teach a Vet to Ty 3:00pm at the Truman VA Hospital Rm. C202

24—Beginning Fly Tying 6:00pm Multipurpose Bldg. North JC

25-27—CCFF Trip to the White Copper Johns at Mountain Home, AR

Monthly Fly Pattern



Balanced Leech

I ran into Larry Griffin a couple of weeks ago and he was picking up some hooks that he had ordered. He was talking about a pattern that he had seen on the internet and was going to try. The unique thing about this pattern was that it was design to hang horizontally under a strike indicator when tied on a Mustad 32833 hook. The shape is the same as that used for lead headed jigs without the lead head.

The fly is tied onto the tippet with a loop knot which allows it to hang horizontally.

Material:

Hook: Size #10 Mustad 32833

Thread: Olive 8/0

Bead: Bronze 3.2mm

Head extender: Straight pin shortened

Tail: Olive Marabou and Krystal flash

Body: Olive leech yarn

Tying Instructions:

1. Crimp the barb of the hook and place hook in the vise.
2. Place a bead on a straight pin and measure it to insure that the pin does not extend back beyond

the curve of the hook. Remove the excess with wire cutters.

- 3.** Place the pin and bead on the top of the hook and extend to the front of the hook so that it extends forward of the eye.
- 4.** Wrap both the hook and the straight pin with thread from the front of the hook to the curve
- 5.** Place a few drops of epoxy on top of the thread and then wrap back to the front.
- 6.** Allow the epoxy to set up.
- 7.** Select a bundle of marabou for the tail, add a few strands of Krystal flash and lay it on top of the hook.
- 8.** Wrap over the marabou and remove the excess at the front.
- 9.** Secure the leech yarn at the rear of the hook and wrap the thread to the front of the hook/extension.
- 10.** Wrap the leech yarn to the bead and whip finish the thread.

You may want to add additional weight to this fly with wire.

Check out these websites:

<http://www.capitalcityflyfishers.org>

www.thetyingbench.com

<http://www.flyflinger.com/midge.php>

www.askaboutflyfishers.com