

# Capital City Fly Fishers



## 10th Anniversary Newsletter

*Piscator non solum piscatur*



**October 2013**

## Upcoming Events

### October Meeting

The next meeting will be held at the First Baptist Church of Jefferson City at 301 Capitol Ave. on October 8th. A Board of Directors meeting will be held at 6:00pm with a Membership meeting to follow at 7:00pm.

This month we will have Jeff Trigg as our speaker. He will be talking about his trip west this summer.

### Teaching a Vet to Ty

Jim Kramel, Melvin Schulenberg and I went to Truman VA Hospital on October 3. We had 6 in the class when we started and ended up with 3 who finished their flies. Some had appointments that they needed to go to and some could not sit long enough to ty a fly or had the shakes and couldn't finish the fly. Those that finished were very thankful for the opportunity.

Another group of CCFF members will be going up to the Truman VA Hospital on Oct. 17. *Please thank any veteran that you meet for the service that they have provided to your country.*

### Mc Kay Lake Trout

I have not talked to anyone at MDC or at JCP& R but I am pretty sure that there will be trout in Mc Kay Lake on Nov. 1 or shortly thereafter. Where has the summer gone?

### CCFF Trip to the White

The CCFF will take an outing to Mountain Home, AR for the weekend of Nov. 15-17. The original trip that was scheduled for Oct. 25-27 had to be postponed because of lack of available facilities at Copper Johns.

The event is open to the first 17 members to contact me and get their name on the list. We will again stay at Copper Johns. We will stay Friday and Saturday night. Friday night dinner is on you. ( We generally go get pizza) The group will eat breakfast, lunch and dinner on Saturday and breakfast and lunch on Sunday together. The cost of food and room will be in the neighborhood of \$125. You can contact me @ 573-690-5922. We will probably car-pool down.

We generally fish the area from the State Park down to Copper Johns. You can get your license online or at C J

### Runge Conservation Kids Club

On Tuesday, August 20<sup>th</sup> Runge Volunteers and eight CCFF Members provided fly tying, casting instruction and entomology education for about 30 kids for the Fly Fishing Extravaganza.

We did such a good job that we have been invited back. On the afternoon of January 3<sup>rd</sup> we will have a class of teen agers to teach Fly Tying at Runge.

## Event Reports

### Beginning Fly Tying Class

The Fly Tying Class that was planned for the JC Parks and Rec. Department that was supposed to start in September was cancelled due to lack of sign-up participants. There were no people who signed up for the class.

We may try it again in the spring.

### Reeling & Healing Midwest

The retreat was cancelled because there were too few applicants to register to cover the expense of the event. Plans are now to hold 2 retreats in Missouri next year. The event will probably move to Westover Farms.

For more details call 616-855-4017, e-mail [info@FishOn.org](mailto:info@FishOn.org), or call Ginger Koziatek at 573-303-1460.

### Ringo's Wellness Class

Miss Ringo usually has between 15 and 20 students from J C High School in the class but this fall the average class size was 21 students.

John Walther, Bob Rickard, Lee Kudrna and Dan Bernskoetter provided the Fly Tying Instructions to half of the class while John Wenzlick, Jerry Forck, Brian Stanton, and I provided the casting instruction.

We even had the opportunity to provide casting instructions for Dr. Brian Mitchell and discuss the plans for future schools and educational instruction in Jefferson City. Dr. Mitchell is the Superintendent of the JC School System. He came by on Wednesday

to see what went on in the class and came back on Thursday to participate in the casting. I was impressed by what I heard. Check him out.

## CCFF Website

Jim Farthing is working to get the website up dated and told me that he will have it completed by the end of this week. Thanks, Jim I know how it is to "getter done."

## Calendar

### October

**3---** Teach a Vet to Ty 3:00pm at the Truman VA Hospital Rm. C202

**8--CCFF Meeting** @ First Baptist Church J.C. BOD meeting 6:00pm Membership @7:00pm

**17---** Teach a Vet to Ty 3:00pm at the Truman VA Hospital Rm. C202

### November

**1---** Stocking of Winter Trout in Mc Kay

**7---** Teach a Vet to Ty 3:00pm at the Truman VA Hospital Rm. C202

**12---** CCFF Meeting @ First Baptist Church J.C. BOD meeting 6:00pm Membership @7:00pm

**15-17 CCFF outing in Mountain Home, AR**

**21---** Teach a Vet to Ty 3:00pm at the Truman VA Hospital Rm. C202

## Monthly Fly Pattern



"F" Fly

According to some of the reports from down on the White River in Arkansas this is a hot fly

down there. It is simple enough to ty so I am going to take some with me. I am not sure that I want to take the pattern in size 22-24 that they are calling for because I would have to take a magnifying glass along to tie the fly on but I think I can see it in a size 20. Simple pattern and easy to ty. Fish on a dead drift.

**Material:**

Hook: Size 20-24 Dai-Riki 300

Thread: Brown14/0

Body: Pheasant tail fibers

Wings: CDC feathers

**Tying Instructions:**

1. Crimp the barb of the hook and place hook in the vise.
2. Start the thread at the front of the hook and wrap to the bend.
3. Ty in a couple of pheasant tail fibers and wrap the around the fibers to strengthen them as you wrap forward to the 75% point of the shank.
4. Secure the end of the fibers and remove the excess fibers.
5. Select 2 to 4 CDC feathers and turn them back to back. Measure so that they are just a little longer than the shank of the hook and secure them with the thread.
6. Remove the excess butts of the feathers and whip finish the fly.
7. Place a drop of cement on the head.

You may want to use 2 feathers for size 24 flies and 4 for size 20. Check out website [www.flytyingforum.com/pattern8406](http://www.flytyingforum.com/pattern8406) for more details.

Check out these websites:

<http://www.capitalcityflyfishers.org>

[www.thetyingbench.com](http://www.thetyingbench.com)

<http://www.flyflinger.com/midge.php>

[www.askaboutflyfishers.com](http://www.askaboutflyfishers.com)