

Capital City
Fly Fishers



10th Anniversary
Newsletter
Piscator non solum piscatur



December 2005

From the President...

Fall or winter fly fishing... what do you have to say on the subject? Some are ardent fans of this time of year and what it might bring. Others are content with putting their fly rod and flies away until warmer weather returns. There is something to be said for the effort it takes to trek to your favorite stream; dress properly for the elements; and attempt to entice a brown or rainbow, that would otherwise be content with only its spawning ritual, to take your introduction of a meager tidbit as a portion of its daily fare. Presentation of your fly patterns may come with ease because of the multiple trips you may have taken and the lessons learned there. But for others, this time of year is an opportunity to accumulate new skills, as long as you have the patience to endure the elements and the time it takes to acquire those skills in alternate presentation styles and patterns. The tried and true method, cast and/or retrieve may need to be re-evaluated for their effectiveness. And then there may be the fly fisher who would accept another type of challenge putting out their boat and navigate the stream exploring for more challenges available only this time of year. Whatever the options are—in Missouri or Arkansas or elsewhere—we have an abundance of opportunities available to us, if we would only take hold of them. Personally, there is much to learn about fall and/or winter fly fishing, regardless of whether it is on a stream or in a community lake. Don't let any chance you may have bypass you without giving it at least a brief consideration. Take advantage of fellow member in your club who has the experience or expertise and willingness to show you some new tips or tricks, especially when it comes to a new area or season of fly fishing to explore.

Some club members will shift their efforts toward tying fly patterns and the joy found there. The

warmth of an interior sanctuary with its ambient lighting invite an occasion for replicating something nature could be an imitation of. Personally, I attempt to dedicate time toward discovering the variations of macro invertebrates found under, in and on our native streams. I cherish the bonuses retrieved when conversing with a fly tyer about a pattern, and unexpectedly they offer fishing techniques for that pattern. More often than not I will make notations about the facts presented for later recall. A secret that I discovered more than once is that if this type of information is not offered to you, ask for it because the person is often willing to share it. A fly pattern tied expertly will entice as many fish as a bare hook if the wrong fishing methodology is used. Consider carefully what you offer to others. Be objective in your analysis of how well a specific fly pattern works. How accurate are your instructions to others? It would be of benefit to document, journal or make notations regarding the time of day, temperature, wind and other weather conditions, stream or lake location, water depth, clarity of water, retrieval speed and many other factors too numerous concerning a pattern and its ultimate effect on fish. This aspect of fly fishing is often overlooked and individuals rely upon extended memories about what works and what does not. It may be a strong probability or chance that your memory and experiences are right on target. But age and the accumulation of many fly fishing trips will blend what was specific toward becoming a generalization. With a handy personal reference nearby, your information when presented would have more value. Let me be clear – what I am saying is that we all should document more about the fly patterns we use and what seems to work better under specific circumstances. Who knows, it might be enough to bring a smile to an acquaintance when you offer a fly pattern and some useful information about using it. Or who knows, it could

become a future opportunity for publishing your views about fly fishing.

If you had not noticed, the holiday season is upon us. At our upcoming meeting, we will gather as a group to partake of holiday treats, refreshments and wonderful conversation mixed with laughter. Each member is invited to bring a guest and participate in this holiday tradition. At the meeting, we will have a gift exchange, not an ordinary gift exchange. Gifts should be under \$10. Numbers drawn will give each member an opportunity to select and maybe hold onto a specific gift. As tradition dictates, a present is acquired by the holder of the lowest number. The package is opened and shown to all in attendance. The next higher number holder may select a package or your opened gift. This passing of gifts from any previous ones drawn will occur but there is a limit of three times. At the third instance, the item is no longer available for re-selection and remains the holder's possession. Come join us.

The Fulton Parks and Recreation Department submitted an email request to our club for teaching a fly fishing course. They are willing to pay for the teaching which I am sure will come for student fees. If any member is interested in teaching or assisting in this type of course, please let me know at the meeting or you can send me an email. The tentative class date is March 11th. But there is potential for moving the date to accommodate our available resources.

I have been in contact with the Cole County Sheriff's Department about our involvement with their D.A.R.E. program. In past years, we have hosted a day of fly tying, casting and fishing for their youth participants. Again, we have another opportunity to share the aspects of our favorite life sport with the youth of Cole County. Sheriff Greg White has expressed a desire to continue this partnership and effort. He has shared our information and willingness with his deputies in charge of the program. They will be contacting us shortly to firm up plans for a spring session involving 18-20 youth involved. I am asking our members to step forward and become the volunteer chairman or other leader in this effort. The chairman should have a committee to carry out the event. Let

an officer or board member know your desire to be a part of the event. Fly tying, casting and fishing instructors are required. A meal planner, cook, and servers are also needed. More information will be shared when it is available.

Remember to not be afraid to let your line or your efforts go into the backing.

Larry Murphy, President

Winter Trout Program Report



Haber Manes says there are more where this one comes from. He told me that he catches one or more this size almost every time that he goes over to McKay Lake and you have to believe him because he is the Hispanic Pastor at the First Baptist Church. He has a few more pictures to prove it.

Not only are they catching trout over there, but I have had reports of 3 lbs. bass and some big carp being caught on spinners and flies recently. I have also observed some cat fish being taken on artificial lures.

Phil Pitts of the Missouri Conservation Department did a very good job getting the fish for Mc Kay this year. Even though the fish came from the same hatchery this year that they came from last year, the fish seem to be healthier fish. I have not seen any fish that turned up do to the stocking. If you get a chance, let MDC and Jefferson City Parks and Recreation know how much you appreciate the Winter Stocking Program.

Club Calendar

December 2005

- 13 -- **Club Mtg** 7pm @ Runge Nature Center; No Speaker, Gift Exchange

January 2006

- 05 -- **Fly Tying** 6pm to 8 pm @ Runge Nature Center
- 10 -- **Club Mtg** 7pm @ Runge Nature Center
- 12 -- **Fly Tying** 6pm to 8 pm @ Runge Nature Center
- 19 -- **Fly Tying** 6pm to 8 pm @ Runge Nature Center
- 25 -- **Hooked on Fly Fishing Not Drugs**, South Callaway R-II Middle School, 3:15 - 4:30 p.m., Fly Tying Instruction, Grizzly Hackle Wooly Bugger (Streamer) and BiVisible (Dry Fly)
- 26 -- **Fly Tying** 6pm to 8 pm @ Runge Nature Center

February 2006

- 01 -- **Catch and Keep Winter Trout Program** McKay Park Lake, Jefferson City
- 02 -- **Fly Tying** 6pm to 8 pm @ Runge Nature Center
- 09 -- **Fly Tying** 6pm to 8 pm @ Runge Nature Center
- 12 -- **Bolivar Conclave** Highway 71, Bolivar MO
- 14 -- **Club Mtg** 7pm @ Runge Nature Center
- 16 -- **Fly Tying** 6pm to 8 pm @ Runge Nature Center
- 18 -- **Missouri Stream Team 760 Outing**, Saline Valley WA on Big Saline Creek, 9:00 a.m. at First Assembly of God's parking lot on Route C. Brats, chips and soda provided. Invitation will be extended to HOFF members.
- 22 -- **Hooked on Fly Fishing Not Drugs**, South Callaway R-II Middle School, 3:15 - 4:30 p.m., Casting Instruction and Game Prep (Outside if weather permits)
- 23 -- **Fly Tying** 6pm to 8 pm @ Runge Nature Center

March 2006

- 01 -- **Opening Day** Missouri Trout Season
- 02 -- **Fly Tying** 6pm to 8 pm @ Runge Nature Center
- 09 -- **Fly Tying** 6pm to 8 pm @ Runge Nature Center
- 12 -- **Club Banquet** Family & Members only [More to be announced later]
- 14 -- **Club Mtg** 7pm @ Runge Nature Center
- 16 -- **Fly Tying** 6pm to 8 pm @ Runge Nature Center
- 16-18 -- **Sowbug Roundup** Mountain Home, AR
- 29 -- **Hooked on Fly Fishing Not Drugs**, South Callaway R-II Middle School, 3:15 - 4:30 p.m., Casting Game, Clean Fish, Entomology

April 2006

- 11 -- **Club Mtg** 7pm @ Runge Nature Center
- 21-23 -- **Spring Quarterly Outing** Spring River, Mammoth Springs, AR; [Riverside Resort, Camp & Canoe](#); 10 minutes south of Mammoth Spring on Hwy 63 South
- 26 -- **Hooked on Fly Fishing Not Drugs**, South Callaway R-II Middle School, 3:15 - 4:30 p.m., Mini Conclave on Fly Tying. Club member volunteers become featured fly tyers one-on-one with students showing them their favorite fly pattern. Pattern and printout become part of the student's collection for future reference.

May 2006

- 09 -- **Club Mtg** 7pm @ Runge Nature Center
- 11 -- **Missouri Stream Team 760 Outing**, Saline Valley WA on Big Saline Creek, 5:30 p.m. at Schulte's IGA parking lot. Brats, chips and soda provided.
- 20 -- **Club President's Meeting (FFF)** Rim Shoals (Catch and Release Section) on White River, Mountain Home, AR

June 2006

- 10 -- **Bennett Spring State Park Conclave**
Check with Jim Rogers or Bob Gaston for more information.
- 13 -- **Club Mtg 5pm @ County Park Lake, Jaycee**
Fairgrounds, Casting Games and Instruction,
Warm water Fishing
- 24-25 -- **Quarterly Outing** [Tentative date -
location to be determined]

CCFF Address and Web Site...

Address

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Check out the new e-mail address

Web Site

www.capitalcityflyfishers.org

Email

info@capitalcityflyfishers.org

Fly of the Month

Name : Leadwing Coachman

Material

Hook: Mustad 3906 B size 12 or 14

Thread: Black size 6/0

Body: Peacock herl

Rib: Oval silver tinsel

Wing: Gray mallard primary feather section

Hackle: Furnace or brown hen

Tying Instructions

1. Crimp the hook and place it in the vise.
2. Wrap the thread from the front of the hook to the rear.
3. Wrap in the tinsel and the peacock herl
4. Wrap thread around the herl and then wrap herl and thread to the front of the hook.
5. Wrap the rib over the body and secure with thread.
6. Ty in the hackle and wrap a few turns.
7. Secure the hackle and ty in a pair of mallard wings.
8. Whip finish and cement head.

This fly can be used in riffles to imitate both stones and mayflies

Treasurer's Report: \$7,941