

Capital City Fly Fishers



10th Anniversary Newsletter

Piscator non solum piscatur



December 2009

From Our Prez

This month I want to say thank you. Thank you for giving me the opportunity to serve as your president for the past 2 years. I know some people may think it's strange for me to be thankful for being the president of a fishing club, but CCFF is something I've been a part of for many years and something I truly care about and plan to be a part of for many years to come.

I'm really excited and optimistic about the coming year. Our incoming officers are going to do a great job, fly tying is going to be awesome again this year, my son, Chester James (CJ) will be born in January, and hopefully it will stop raining in Southern Missouri and Northern Arkansas so we can wade fish the White River.

Merry Christmas and Happy New Year.

Jim

Mc Kay Fish

I have been getting as well as giving some good reports from Mc Kay Lake. I caught my first 20" + over there last week. The other fish that I caught were healthy and all were in the 10"-14" range. Green, white or brown wooly buggers as well as yellow and orange egg patterns work well. Mike Clark reports good luck on dries at times also. We may have to wait for the ice out if the weather doesn't warm up. I haven't checked but I wouldn't be surprised if the lake has started to freeze over. Oh well we can ty up some more flies or help the wife decorate the Christmas tree for a few days.

HOFF

The Hooked on Fly Fishing Club trip to Mc Kay Lake scheduled for December 5. was cancelled due to the cold weather. There were 25 students signed up to come up for the fishing trip but many of the parents felt that it would be too cold so plans are to reschedule for a date next year after the Catch and Keep session starts.

Mark and Regina want to thank all of the CCFF members who were planning on helping with the event and the group that prepared the reels for the day. *Next Year!*

There will be no club meeting in the month of December due to the holidays.

Outing

Got some very good reports back from the crew that went to Arkansas. The boats made up for the fact that the Corp was generating and all were able to catch fish. Jeff Trigg and Kent Campbell both took boats and all got a chance to see what it is like seeing and catching fish from above.

I didn't get any reports of any monsters but it sounds like there were plenty of fish caught and that is what counts. If you need a testimonial, catch up with Dan Bernskoetter. He didn't even get wet this time.

We'll do it again sometime next year.

December Meeting

The Dec. Meeting of the CCFF will be at 6:30pm on Dec. 8, 2009 at the Runge Nature Center. The program is our Annual Christmas Party. Each participant should bring a gift of \$ 10 in value to

be exchanged. This is a theft exchange. Each participant will first draw a number. The people will then select a present in order according to the numbers drawn. The number 2 person has a choice as to steal the gift that the first person selected or select a new gift from the pile. If he steals the No. 1 gift, No. 1 gets to select another gift from the pile. Number 3 can steal the gift that No. 1 or No. 2 has selected and so forth. A gift can only be stolen twice. The third person to steal it is a permanent owner. It is fun.

Along with the gifts each couple should bring a snack to nibble on while this entire thievery is going on.

Yes Ladies, you are invited to join the party and you don't have to buy a new dress for it.

New 2010 Officers Calendar

The officers selected to serve in 2010 are:

President: Jeff Trigg

V President: Kent Campbell

Secretary: Ginger Koziatek

Treasurer: Ron Klatt

Newsletter Editor: Jerry Kemple

Director of Education: John Wenzlick

Past President: Jim Farthing

Stream Team Coordinators: Lee Kudnra & Jim Farthing

Second Term BODs: Dan Bernskoetter & Jeff Holzem

One Year Term BOD: Gary Eaton

Two Year BODs: Chris Gates & Jim Washabaugh

Help these folks perform their duties and remember the purpose of the club is to promote the sport of fly fishing.

In January and February, we are going to have programs presented as an open discussion about fishing at Bennett Spring and Montauk State Parks. In these programs we'll discuss flies that are effective, where and when to use them, as well as how to fish these parks. This is an opportunity to improve your knowledge of these areas and we encourage our members to invite their friends to these meetings. We can't think of anyone who fishes Bennett or Montauk who wouldn't want insight into how to more successfully fish these areas. John Walther will lead the discussion on

Bennett Spring in January, and Jim Farthing will lead the discussion on Montauk in February.

Calendar

December

3--Teach a Vet to Ty 3:00pm at the Truman VA Hospital Rm. C202

8-CCFF Monthly Meeting Runge Nature Center. Christmas Party and Gift Exchange. 6:30 start time.

17--Teach a Vet to Ty 3:00pm at the Truman VA Hospital Rm. C202

21—No HOFF Meeting.

January

7--Teach a Vet to Ty 3:00pm at the Truman VA Hospital Rm. C202

7—Fly tying 6:00pm @Runge Nature Center See website for pattern

12—CCFF Monthly Meeting @Runge Nature Center 6:00pm BOD 7:00pm Membership

14--Teach a Vet to Ty 3:00pm at the Truman VA Hospital Rm. C202

14—Fly tying 6:00pm @Runge Nature Center See website for pattern

21—Fly tying 6:00pm @Runge Nature Center See website for pattern

28—Fly tying 6:00pm @Runge Nature Center See website for pattern

Fly of The Month



Laced Sow Bug

Material:**Hook:** Mustad 37160 or TMC 206 size 10-16**Thread:** Black size 6/0**Body:** Silicon skirt material (2 colors)
white/chartreuse, gray/peacock, gray/black,
white/gray, gray/olive.**Weight:** 6 turns of .020 wire**Weight Over body:** Wrap of open cell foam.**Head:** Fine dubbing material, peacock, gray,
black or olive.**Instructions:**

1. Crimp the barb and place the hook in the vise.
2. Put base coat of thread on the hook, wrapping from the eye to the rear of the hook.
3. Over wrap the thread with 10 turns of weighting wire and secure with the tying thread.
4. Over wrap the wire with a triangular piece of open cell foam and bring the ends of the triangle back along the sides to broaden out the back of the fly.
5. Wrap over the foam with the thread to secure it and wrap back to the rear end of the fly.
6. Select a light piece of silicon and a dark piece of silicon and secure one on each side of the hook.
7. Whip finish and remove thread for the time being.
8. Ty the silicon loosely in a half hitch knots so that light silicon goes under the hook and the dark silicon goes over the top.
9. Ty another knot with the dark material on top and the light material on the bottom.
10. Repeat the knots until you are $\frac{3}{4}$ of the way up the hook and have woven the back.
11. Reintroduce the thread, secure the end of the silicon material and cut off the excess silicon.

13. Dub the head of the fly and whip finish the thread.

14. Apply a coat of head cement.

15. Pick out some legs from the dubbing

You can also add forked tails and antenna if you desire.

Fly Tying

John Walther has put together another power packed Winter Fly Tying Program for the upcoming year. You can find the tying schedule of the flies that will be tied each week.

Remember to bring your friends and that if you do not belong to CCFF, you will have a choice of joining the club or paying \$15 to cover the cost of materials provided.

The first night of tying will be Jan 7, 2010. See Ya at Runge.

CCFF website is
www.capitalcityflyfishers.org.