

Capital City Fly Fishers



10th Anniversary Newsletter

Piscator non solum piscatur



October 2006

From the President...

Hooked on Fly Fishing Not on Drugs

Callaway County R-II Middle School program entitled Hooked on Fly Fishing Not on Drugs (HOFF) began its new school year on Wednesday, September 27th. Regina Van Patten, sponsoring teacher, met with seventh and eighth graders discussing what HOFF was all about. I attended the meeting to offer information regarding the club and the Southern Council FFF. The students were particularly excited when I shared the Fall issue of *Long Casts* (a Southern Council FFF publication) featuring a couple of HOFF photographs and seeing Mr. Van Patten's fly pattern.



New HOFF Officers (shown left to right) are Ethan Martin – President, Ben Nolting – Vice President, Holley Spencer – Secretary, Jessica Kelley – Treasurer, Ellyne Fletcher and Sami Mealy (not pictured) – Recreation Leaders, and Jeremiah Ballard – Historian.

Objectives and discussion took place about all the events for the upcoming school year. Challenges were offered for the older students to learn more aspects of fly fishing than they had the previous year. New members were encouraged to participate and absorb new things throughout the coming year. A slate of officers was offered and voted upon. Shown below are those officers for the year.

Missouri Department of Conservation's new macroinvertebrate cards (looks a lot like baseball

player cards) were passed out and students challenged to verbalize and describe to their table partners what stream life form they saw on the specimen cards. The object was to describe in detail without telling the name, providing color, texture, body type, legs, etc. to their partners' task was to listen and then to draw the image they pictured from the description.



HOFF students participating in the macroinvertebrate game.

Afterward some discussion about stream sampling and fly patterns took place. I believe the students were encouraged by the upcoming activities and excited in anticipation for the next meeting.

26th Southern Council Conclave

Preparations are finalizing for the 26th Annual Conclave of the Southern Council of the Federation of Fly Fishers on October 5-7, 2006 in Mountain Home, Arkansas. Several members will be attending the conclave starting on Thursday. If you are going, let's have breakfast together at Ramada Inn's restaurant on Friday, say 6:30 a.m.!

Election of New Officers

Discussion has begun for the process of selecting officers and board members for 2007. A review of the club roster and bylaws tells us who is qualified

to meet the office requirements. A full listing of proposed officers/board members will be available at the October meeting. If you are interested in a position, please make sure your membership is paid.

Future Planning

It is appropriate to start thinking about potential upcoming events for next year. Bring your suggestions to the meeting and share them with Vice-President Ed Farnsworth.

New 2 Lake Generation Phone System

The Corps of Engineers in cooperation with the Southern Council of the Federation of Fly Fishers is setting up a new "multiple line-system" for the Bull Shoals and Norfolk Lake's generation recording. The Capital City Fly Fishers board of directors' voted unanimously to support the cause. A check was issued and mailed to Pat Smith, Managing Director, Southern Council FFF on September 13th. The phone number will be available on the Web site as soon as it is released for publication. The present number to call is 870-431-5311

Oktoberfest in Old Munichberg

Jim Kramel, Jerry Kemple, and I joined John Walther at the CCFE booth last Saturday during the Oktoberfest in Old Munichberg. John and I tied patterns during the day.



Jim Kramel, David, John and an uncle from the Walther family pose for a photo taken by German relative just outside of the photo frame. John grew up in Old Munichberg neighborhood and even delivered newspapers there.

John and his brother, David, helped to advertise the Baghdad School of Fly Fishing effort by contacting Warren Krech, radio personality, concerning the club efforts for acquiring fly fishing and tying equipment for our troops in Baghdad. Warren gave our effort some publicity before the Saturday event. Lots of folks enjoyed seeing the display that Jerry assembled. Good conversation was made during the day about what we were trying to do. Jim and Jerry talked about their time with local veterans over at the VA Hospital in Columbia teaching fly tying and casting.

Several townspeople came by discussing everything under the sun; some of it even flyfishing related topics. Some said either they had family members currently in Iraq or they just returned from a tour of duty near there. John's German relatives came by for a visit. It was nice to see the community reach out to a sister town far away and even inward toward the community itself during the day.

New Education Opportunity

A local teacher dropped by to discuss the potential of CCFE hosting an life sport education program with the Jefferson City Public Schools for at-risk students. I discussed several options and thoughts for activities to aid her effort at giving students activities to participate in. The main goal is to help with their attitude of staying in school through the influence of a life sport such as fly fishing and tying. We will be meeting some more regarding this opportunity. She will be emailing contact and other pertinent information soon to our club. The class setting is within the Miller Performing Arts Center building currently. Her son was a participant at the last Wayne E and Catherine Moore Day involving the Cole County Sheriff's DARE program.

Winter Trout Program

The winter trout program sponsored by the Jefferson City Parks and Recreation Department (JCPRD) will be active again this year. The plan is to stock McKay Lake a couple of days before the November 1st opening day. I went by the JCPRD to speak with J.J. Gates about posting a monofilament recycling tube at a couple of the community lakes. They wanted to know more about them and after some

discussion, gave us permission to mount 2 at McKay Lake and 2 at Binder Community Lake. Tom Stokes was kind enough to build the first two. Labels from Mark Van Patten will be added and the recycling tubes will be ready for mounting. Tom and I had some discussion about placement of these and he felt we should start out small and see if they are used frequently enough before we invested in additional units. I agree with this thought. In the future, we will need volunteers to regularly collect the monofilament from these tubes and mail it to the recycler.

Remember to not be afraid to let your line or your efforts go into the backing.
Larry Murphy, President

Calendar

October

- 5 – 7 FFF Southern Council Conclave in Mountain Home AR.
- 10 Board of Directors and Monthly Club Meeting @ Runge Nature Center. BD's @ 6:00pm and Club @ 7:00. Speaker is Mike Kruse, Missouri Department of Conservation. Club Officers and Board Members will also be nominated.
- 19 Teach a Vet to Ty @ VA Hospital in Columbia @ 3:00pm

November

- 2 Teach a Vet to Ty @ VA Hospital in Columbia @ 3:00pm
- 7 Board of Directors and Monthly Club Meeting @ Runge Nature Center. Club Elections will be held.
(Please note that this is one week earlier than our typical meeting night. The change is due to meeting room being unavailable for our regular night.)
- 16 Teach a Vet to Ty @ VA Hospital in Columbia @ 3:00pm

December

- 1-3 Quarterly Outing @ Gaston's in AR. Come fish the White and Norfolk Rivers. Mary Stone will be coordinating this event.
- 7 Teach a Vet to Ty @ VA Hospital

in Columbia @ 3:00pm

- 12 Club Meeting @ Runge Nature Center, Christmas Gift Exchange and Party

Fly of the Month



Double Shellback Nymph(weighted)

Tied By Mike Butler

Recipe:

HOOK: Mustad Nymph Hook **R70** Size **8 to 20**

HEAD: Black Chrome Bead or other color

THREAD: 6/0, 8/0, 12/0 to match hook size

Choice of colors are: Black, Brown, Yellow, Tan, Camel, Olive

TAIL: Goose Biots(2) and (2) behind the eye

BODY: Larva Lace (small, medium, or large)

To match colors as Thread and Clear Larva lace is good match. If you're working with clear lace, add flashbou or "Shine/ Flash" threads will work wondrous and reliable.

SHELLBACKS: Mottled turkey's wing or pheasant tail (cut into 2 pieces)

LEGS AND GILLS: Grade # 2 feather (1) and peacock herls (2-3) to match above materials.

Tying Instructions:

1. Crimp the hook barb, place the bead on the hook and place the hook in the vice.
2. Wrap 4 to 7 turns of weighted wire behind the bead to provide additional weight and fill the hole in the bead.
3. Wrap the thread to from the bead to the rear of the hook and prepare a ball to spread the tails
4. Place a biot on each side at the rear of the hook extending back about the length of the hook and ty in the Larva Lace.
5. Wrap the thread to the midpoint of the hook and follow with the Larva Lace. Ty off the Larva Lace. *This area may have flashbou or "Shine/Flash" under the Larva Lace.*
6. Attach the shellbacks (one on top and one on the bottom) and ty in the leg feather and peacock herl. Wrap the thread to the eye of the hook.
7. Wrap the peacock herl and then the feather to the front of the hook.
8. Place a biot on each side of the body and wrap in while folding the shellbacks (top and bottom) over the thorax and secure.
9. Whip finish and cement the knot along with the shellback.

Note: *The DSB is weighted and so that you will not have to use split shot or BB's . This is to help make the fly tangle-free even when roll casting. The hook is running upright and it helps you lessen "hang-ups"*

Winter Fly Tying

John Walther has agreed to head up the Winter Fly Tying Sessions. John is looking for tiers to volunteer to ty their favorite fly. John would like to furnish the have the materials available each night for the fly that will be tied that night as

well as the recipe. Please contact John and let him know what flies you want to ty or what flies you would like to see tied.

Treasurer's Report: **\$7519**

CCFF Address and Web Site...

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