



MONTHLY NEWSLETTER

NOVEMBER 2025



MESSAGE FROM THE PREZ

Hey Everybody,

I hope everyone is doing well.

I've been doing some deer hunting and oddly enough, I've seen more deer during the warm days than the cold. I'm curious to see how the rest of our fellow hunters in the CCFF have been doing.

Greg, Phil, & I met and are actively working on the March 2026 Banquet. If anyone wants to join the committee let me know.

I'm looking forward to our Christmas Party/December meeting! It'll be the same game plan as previous years with the gift exchange & potluck dinner. Everyone always has a fun time, so if you haven't attended before, be sure to this year!

God Bless,
Justin

HERE ARE YOUR 2026 ELECTED OFFICIALS AS APPROVED BY VOTE AT THE NOVEMBER MEETING.
PLEASE THANK THEM FOR THERE CONTINUED DEDICATION!!!

President – Justin Beyer	Board Member – John Walther
Vice President – John Goad	Board Member – Melvin Schulenberg
Treasurer – Jack Kramer	Board Member – Steve Peters
Secretary - John Wenzlick	Board Member – Michael Collins
Newsletter Editor – Greg Curtin	Board Member – Mark Javersak
Stream Team 760 Coordinator – Jeff Holzem	Board Member – Phil Wisch
Webmaster – Larry Murphy	Facebook Administrator – Michael Collins

ANNUAL MEMBERSHIP RENEWAL

Please send in your \$20 annual membership renewal to our Treasurer, Jack Kramer. If you happen to be attending the Christmas party, you could bring your payment along. It is preferred that you send your renewal in before January 1, but if that is somehow not possible, you can also bring it to any of the fly tying sessions in January or February. If you are not able to attend any of these events, please mail a check payable to: Capital City Fly Fishers or CCFF and then mail it to -

Jack Kramer
Capital City Fly Fishers
1731 Overlook Drive
Jefferson City, MO 65109



Kids Day Line Forms



Tent Full of Activity

CHRISTMAS PARTY

The Christmas potluck is on Tuesday, December 9. Please bring a dish, side, or dessert to share with everyone. We will start eating at 6 pm. We will be **upstairs** at the Knights of Columbus hall at 1822 Tanner Bridge Road in Jefferson City.

Once we finish eating we will have a gift exchange. If you would like to be included in the exchange, please bring a gift with a value around \$10. The gift does not have to be fishing related, but it should be something that appeals to a large number of people. Gifts in the past have included craft items, gift certificates, housewares, specialty foods, fishing items, and more. If you have any questions about this, just ask. The gift should be wrapped/covered so no one can see it.

The gift exchange will be similar to the white elephant gift exchange, however, we will not have gag gifts. We will first randomly draw numbers to determine everyone's order in selecting. The first person will select a gift and then it will be the next person's turn. That person has the option to select a gift off the table or steal the gift from someone else. If your gift is stolen, you then have the option of selecting another gift from the table or stealing from someone other than the one who stole your gift. After the second steal of a gift, it becomes frozen and can no longer be taken away. It is yours to keep. The first person to select a gift will have the option to steal at the end or keep the gift they have. The exchange ends when all steals are complete and everyone has a gift.



FLY TYING SESSIONS

Fly Tying sessions starts on Tuesday, January 6 and will be every Tuesday through February. Check all the dates on the Calendar of Events. If bad weather occurs and the schools are closed then fly tying sessions will be canceled. The sessions are free to the public and materials are supplied. We have a beginners session starting at 5:30 pm, so be sure to invite anyone interested in learning to tie flies. We will start the beginners out by talking about some of the basic tools and techniques needed for tying flies. Each week we will try to add something new.

The regular session will begin at 6:15 and all are welcome to stay for this session as well. I have spoken with our regular session instructors, John Walther and Michael Collins and they will try and get the names of the flies and some photos together for the December newsletter.

MARCH BANQUET

Leave the Date of Saturday, March 28, 2026 open in order to attend the club banquet. This year will be a club members only banquet. Remember everyone in your household is a member. Please also feel free to bring your significant other along to enjoy the night. We are working on finalizing some of the details. Here is some of the basic information:

Date: Saturday, March 28, 2026

Happy Hour: 4:30 – 5:30 pm

Supper Time: 5:30 pm – needed

Club Business: After Supper (If needed)

Card Raffle: After Supper/Business

Location: American Legion Post 5

Address: 1423 Tanner Bridge Road
Jefferson City, MO 65101

Tickets: \$25 Each

KIDS TROUT FISHING DAY

I want to thank everyone that played a part in making kids trout fishing day the success it was! Thank you to everyone that helped organize the event, tied flies for the kids, and volunteered their time before, during, and after. Also a big thank you to the JC Parks Department. They provided the tent, tables, chairs and brought in hot dogs and chips for the attendees and volunteers. I believe we succeeded in making sure the families were exposed to conservation information while having a good time. The fishing was slow all day for most of the kids. Luckily, the food, demonstrations, giveaways, and activity list provided a way to keep families interested and active. In order for the kids to earn a rod/reel combo, they needed to complete all the activities on the list. There were 25 kids that were able to achieve this and earn their prize.



The final attendance number was 108 kids. This was an increase over last year and we hope this will help to build an even bigger turnout next year. Like women's fishing day the first 100 received a fly box filled with at least six flies and every child received some fishing gear.



STREAM TEAM UPDATE

Hey Everyone,

I missed the last meeting, but got to see some of you working at the kids fishing day. Overall it was a big success and some of the kids caught fish to qualify for free rods. At the 11th hour I suggested promoting stream teams. However, when they got a ticket for free gear and were eager to fish they were not willing to try their hand at water quality monitoring. As I suggested to Greg, maybe we could have the Mo Stream Team Group set up a separate table with lots of bugs. The one thing I had that caught their attention was a preserved alder fly larva and Oh a lady bug that landed on our display.

You may get the Stream Team Newsletter and have seen some of my update, but it is all related to water quality. We are seeing increasing amounts of plastics in water, in aquatic species and in humans. I always enjoy TU's stories on protecting wild places where we like to fish. Since I can always use fishing tips, I included them too. So please read your newsletter online so you can open the links to get the "rest of the story," as Paul Harvey used to say.

ADVOCACY

HARD AT WORK IN THE DESERT

While we don't often think of rivers with trout in the desert, our Arizona team's hard work is making this state an unlikely case study for trout conservation.

<https://troutunlimited.informz.net/z/cjUucD9taT00NTY5NTMyJnA9MSZ1PTQwNzAyMjM0OSZsaT01Mzc1MzQ4MA/index.html>

KEEPING ACCESS FOR ANGLERS

The fight for public lands is not over, and on the Truckee River, TU and partners are working diligently to preserve access.

<https://troutunlimited.informz.net/z/cjUucD9taT00NTY5NTMyJnA9MSZ1PTQwNzAyMjM0OSZsaT01Mzc1MzQ4NA/index.html>

Winter Trout Season Now Underway

[Winter Trout Season is Now Underway at MDC-Stocked Lakes in the St. Louis Area](#) **MDC**

Watch films about Trout Unlimited's vital work happening across the country.

The Golden Trout Project, https://prioritywaters.tu.org/the-golden-trout-project/?_zs=hW5wb&_zl=bSdi4. I had a chance to backpack and fish in this beautiful area and catch very colorful wild fish. They are California's state fish.

Horses and High Water is about restoration projects in the

West. <https://troutunlimited.informz.net/z/cjUucD9taT00NTYwMTk0JnA9MSZ1PTQwNzAyMjM0OSZsaT01MzU4NjgxNg/index.html>

Angling for Hope tells of a vision to improve a creek <https://www.tu.org/magazine/conservation/barriers/dam-removal/angling-for-hope/>

[utm_source=informz&utm_medium=email&utm_campaign=none&_zs=hW5wb&_zl=dSdi4#watchnow](https://www.tu.org/magazine/conservation/barriers/dam-removal/angling-for-hope/?utm_source=informz&utm_medium=email&utm_campaign=none&_zs=hW5wb&_zl=dSdi4#watchnow)

CONSERVATION

Stand up for clean water and healthy fisheries

The [U.S. Forest Service recently announced](#) its intent to rescind the 2001 Roadless Area Conservation Rule. This action would remove protections for 58.5 million acres of national forest land across 39 states that are home to irreplaceable fish and wildlife habitat.

Roadless areas provide some of the most important habitat for trout and salmon in the United States. They are destination locations for hunters and anglers. Roadless areas provide the spawning and rearing grounds for some of Alaska's most robust salmon and steelhead runs and serve as the headwaters for the majority of Blue Ribbon trout streams in the West. In the Midwest and East, roadless areas also conserve important trout fisheries. For example, 64 percent of roadless areas in Michigan and 90 percent of roadless areas in New Hampshire provide habitat for native trout.

This issue affects trout and salmon fisheries across the country and anglers need to speak up for these important public lands. Right now, your members of Congress need to hear from their constituents how important these public lands are for our outdoor traditions. Later this summer, the U.S. Forest Service will begin the process of repealing the Roadless Rule – at that time sending messages to the agency will be crucial. https://www.tu.org/conservation/action-center/?vvsrsrc=/campaigns/129227/respond&utm_source=informz&utm_medium=email&utm_campaign=none&zs=hW5wb&zl=Nn1j4

Missouri Stream Team Updates

Water Supply for Southwest MO

[A glass half-full: The Ozark Plateaus aquifer, Stockton Lake and a source for water in a developing region](#) KSMU

Environmental Statement for Proposed Mine Approved

[Cottage Grove City Council OKs Environmental Statement for Proposed Mine in Mississippi River Bed](#) Twin Cities Pioneer Press

Iowa Farmers Embracing Water Quality Initiatives

[Iowa Farmers Embracing Water Quality Initiatives](#) Iowa Farm Bureau

'Game Changing' Water System Overhaul

[Arizona Plans 'Game Changing' Water System Overhaul](#) Planetizen

Some Rivers are Soaking Up Carbon Instead of Releasing it

[Some Rivers are Soaking Up Carbon Instead of Releasing it earth.com](#)

Are Data Centers driving need for New Water Treatment Plant

[Kansas City Proposes New \\$2 Billion Water Treatment Plant. Is It Connected to Data Center Development?](#) KSHB

Train Derails Over Turkey Creek

[Train Derails Over Turkey Creek in Joplin, MO](#) KY3

Building a Cleaner, Greener St. Louis

[River des Peres Trash Bash: Building a Cleaner, Greener St. Louis](#) NEXTSTL

Plastics in the News

[I Set Out to Quit Buying Groceries Sold in Plastic, and Ended Up Saving \\$40 a Month Along the Way](#) *The Kitchn*

[The plastic inside us: how microplastics may be reshaping our bodies and minds](#) *The Guardian*

Microplastics have been found almost everywhere: in blood, placentas, lungs – even the human brain. One study estimated our cerebral organs alone may contain...

[Common male cancer linked to hormone-disrupting chemicals, scientists warn](#) *US Right to Know*

Chemicals found in everyday products—from plastics and pesticides to cosmetics and non-stick cookware — interfere with the body’s hormone systems...

[Microplastics Found Deep Inside Human Bones, Scientists Warn](#) *Science Alert*

Microplastics are now so ubiquitous we're drinking, eating, and inhaling them. As a result, they're showing up in our poop, placentas, reproductive organs, and brains.

[Plastic’s triumph was no accident. It built an economy addicted to throwaway living](#) *Mongabay*

TROUT TIPS - DETECTING STRIKES

While nymphing, knowing when a fish strikes is difficult, so check out these tips to

help. <https://troutunlimited.informz.net/z/cjUucD9taT00NTY5NTMyJnA9MSZ1PTQwNzAyMjM0OSZsaT01Mzc1MzQ5Nw/index.html>

TROUT TIPS - UNSTICKING A ROD

It's about time to wrap up the season and put away our gear, so deal with stuck fly rod ferrules properly with these tips.

https://www.tu.org/magazine/fishing/trout-tip-how-to-get-a-fly-rod-unstuck/?utm_source=informz&utm_medium=email&utm_campaign=none&zs=hW5wb&zl=qn1i4

TROUT TIP - SELECTING NYMPHS

Dry fly season is all but over, so try out these tips from Orvis on how to select nymphs.

<https://troutunlimited.informz.net/z/cjUucD9taT00NTY0NTIyJnA9MSZ1PTQwNzAyMjM0OSZsaT01MzY2MTkxMQ/index.html>

Tight lines, Jeff Holzem, Stream Team Coordinator

CALENDAR OF EVENTS

December

- December 2 – Informal Gathering
- December 4 – Fly Tying with Veterans (Columbia VA Hospital)
- December 9 – Monthly Members Meeting – **Christmas Party**
- December 16 – Informal Gathering
- December 18 – Fly Tying with Veterans (Columbia VA Hospital)
- December 23 – Informal Gathering
- December 30 – Informal Gathering

January

- January 1 – Fly Tying with Veterans (Columbia VA Hospital)
- January 06 – Fly tying session #1
- January 13 – Fly Tying Session #2 and members meeting
- January 15 – Fly Tying with Veterans (Columbia VA Hospital)
- January 20 – Fly Tying Session #3
- January 27 – Fly Tying Session #4

February

- February 1 – Catch and Keep starts for urban fishing areas
- February 3 – Fly Tying session #5
- February 6 – Fly Tying with Veterans (Columbia VA Hospital)
- February 9 – Last Day of Catch and Release season at Trout Parks
- February 10 – Fly Tying session #6
- February 17 – Fly Tying session #7
- February 20 – Fly Tying with Veterans (Columbia VA Hospital)
- February 24 – Fly Tying session #8
- February 27 – Trout Unlimited Annual Banquet

March

- March 1 – Opening Day of Catch and Keep fishing at trout parks
- March 3 – Informal Gathering
- March 5 – Fly Tying with Veterans (Columbia VA Hospital)
- March 10 – Monthly Members Meeting
- March 17 – Informal Gathering
- March 19 – Fly Tying with Veterans (Columbia VA Hospital)
- March 24 – Informal Gathering
- March 26-28 – Sowbug Roundup – Mountain Home, AR
- March 28 – CCFF Spring Banquet – American Legion Post 5
- March 31 – Informal Gathering



Above, Ken Foster and John Wenzlick journeyed to the San Jaun River in New Mexico for some fun. Bottom photo is a double up held by their guide



Children learn about fun of trout fishing

Rowen Goldammer, 11, glances in his mother's direction before casting his fishing line on Saturday at McKay Park during Kids Trout Fishing Day. Goldammer has been fishing at local lakes for roughly two years.

Joe Gamm
jgamm@newtribune.com

Nine-year-old Jubilee Wilson stayed busy early Saturday afternoon, casting her line into McKay Lake. She'd cast, then crank it back in. Something she was doing worked. She pulled in a 10-inch (or 10.5-inch) rainbow trout, then released it. Release was a rule for Jefferson City Parks and Recreation's Kids Trout Fishing Day.

Organizers expected more than 150 children (ages 13 and younger only) to attend the event, especially with the pleasant 65-degree weather in early November.

Other rules for the event included restrictions on bait, which could only be tied flies, artificial lures or unscented bait. No worms, crickets or minnows in this event.

"I have caught a lot of fish before," Jubilee said, adding that her favorite was the one she just caught. "It was a big fish."

Then she cast again, and her tied fly snagged her jeans.

"I'm glad I wore jeans today, because that just got caught," she said.

Her friend, Keith Carrendar, also 9, said he doesn't fish much, and he'd never fished for trout. He said his favorite part of fishing is "catching fish."

Please see Fishing, p. 8



Fishing:

LEFT: Lachlan Pritzi, 7, shows off a freshly caught small fish to his father on Saturday at McKay Park during Kids Trout Fishing Day. The small size of the fish couldn't dampen Lachlan's excitement for his first catch of the day. RIGHT: Mita Hall, 2, gets some help from her father, Rob, while reeling in her line Saturday at McKay Park during Kids Trout Fishing Day. "She is enjoying it quite well," Hall said of his daughter, "but she doesn't understand exactly 100 percent of what she's doing."

Kevin Schwartz, the program manager of outdoor recreation for Jefferson City Parks, said the event was in its second year.

"Typically, in the springtime, we do the fishing derby. This is a little bit more focused on the introductory side — getting kids familiar with, specifically, trout fishing," Schwartz said.

He said it varies from other types of fishing because of the type of equipment people use, the lures and the regulations.

"This is a really good opportunity to teach kids the differences of your fishing for bass, crappie and sunfish, and this specialized fishing," he said.

From the moment the lake is stocked on Nov. 1 each year until Feb. 1, a limitation for fishing for trout at the lake is "catch and release." Starting Feb. 1, catch and keep is in play.

Greg Curtis of Capital City Fly Fishers said he had a lot of people in the club working at the event, tying flies, giving away free trout fishing gear and offering activities and information for participants.

"This is something that we put together," Curtis said. "We were lucky enough to get a grant to get gear and give it away and get kids involved. We just want kids to get outside."

Each child was entitled to one piece of gear. The club offered a game to determine what kind of gear each child received. Included were "line nippers," zipper retractors to hold gear on, hemostats, fly boxes and others. The first 25 children to complete an activities list received fishing rods.

"We want folks to get involved. We want families to get involved and do activities together," Curtis said. "That's what it's all about."

Five-year-old Damen Chausy arrived early and before the event even began he caught a trout. He held his index fingers apart in front of himself to show how big it was — about 10 inches.

Damen said he'd never caught a rainbow trout before and added that he hoped to catch more fish before he was done.



Curt Stokes casts the line of his fly fishing rod while his son, J.J., watches on Saturday at McKay Park during Kids Trout Fishing Day. The elder Stokes, who boasts 20 years of experience, has been coaching his son, who recently picked up the activity.